

RIGHTS GUIDE

Spring 2023



notablebooks



JOHN MURRAY
ONE



HODDER

WHERE FAITH IS INSPIRED



MAY 2024 | HB | 320PP | ISBN-9781399813310

JOHN MURRAY ONE

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HENRY OLIVER studied English at the University of Oxford, Law at BPP College, and Biography at the University of Buckingham. After a period as a Parliamentary researcher, he spent a decade as a global brand researcher and consultant in talent attraction. He consulted widely with all kinds of organisations, from tech start-ups and specialist auditors to FTSE 100 retailers and Fortune 500 banks. His clients were senior executives in HR, talent attraction, and marketing.

In 2022 he was awarded an Emergent Ventures grant by the prominent economist and thinker Tyler Cowen to fund a book about late bloomers and talent. His blog, *'The Common Reader'*, has five thousand subscribers and was named by Helen Lewis as one of her favourite Substacks.

Second Act

What Late Bloomers Can Tell You About Success and Reinventing Your Life

Henry Oliver

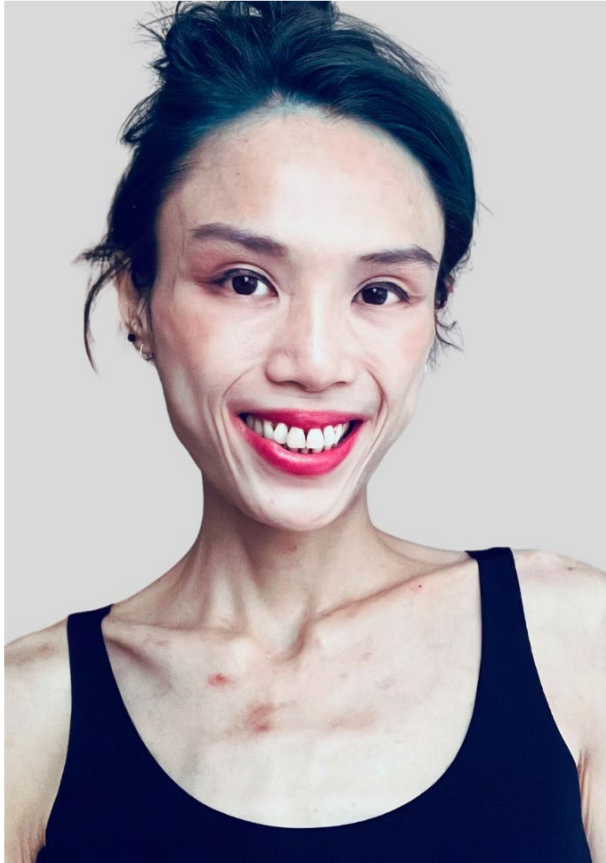
"Henry Oliver is a rare talent: smart, funny and insightful. *SECOND ACT* showcases his wide reading, deep understanding and playful prose style. Read this book to discover why it's never too late for a second act in your own life."

- HELEN LEWIS, author of *Difficult Women*

Our society tells us over and over that if we're going to achieve anything, we'd better do it while we're young. We fixate on stories of prodigies; we put our children in piano lessons or language classes as toddlers, hoping to give them the best shot at success we can. As for ourselves, too many people feel it's too late to change the course of their own lives. Whether we are at the start of our careers and sense we're on the wrong path, or feeling unsettled in our late or middle years, we all wonder how we can reinvent ourselves? Is it too late?

This book has answers. Late bloomers - individuals who experience significant success later in life - offer lessons for people who feel frustrated. This book encourages people to think about themselves as potential late bloomers and to discover and encourage and advocate for late blooming in others. After all, it's never too late to discover our hidden talents and our accomplish our goals - the road to success is never as straightforward as we are lead to believe. Julia Child didn't discover that she loved to cook until she was thirty-seven. Vera Wang started her design business at forty. And Michelangelo painted *The Last Judgment* in his sixties.

This inspiring, passionate book combines wonderful storytelling with fascinating new research, to shift expectations around our life trajectories. You'll discover a range of blueprints for self-reinvention, pairing the newest insights from psychology and neuroscience with late bloomers' remarkable life stories, from the inventor of the Covid vaccine to the author's own mother.



MAY 2024 | TP | 288PP | ISBN-9781399810593

JOHN MURRAY ONE

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IMI LO is a Psychotherapist, Art Therapist, and Consultant for emotionally intense and highly sensitive people. She is the author of two books, *Emotional Sensitivity and Intensity* and *The Gift of Intensity*. Imi specialises in emotional intensity, high sensitivity, giftedness, complex trauma (CPTSD), and personality disorders.

Imi is qualified as a Psychotherapist, Art Psychotherapist, Schema Therapist, Philosophical Counsellor, Mentalisation-based Treatment Practitioner, Supervisor and Mindfulness Teacher. With more than a decade of experience, she has worked in the NHS, charities and other mental health settings. Now, as an independent consultant, she works holistically, combining East and Western philosophies with psychological and spiritual healing modalities

The Gift of Empathy

How generosity of spirit can transform your life

Imi Lo

Empathy is the way we react to each other, and it defines how we conduct ourselves in this world. In any human situation, the degree to which we give empathy illustrates the depth to which we appreciate other's feelings, and the amount of empathy we receive often defines the extent to which we feel understood. Our ability to recognise social cues, act with sensitivity and generosity, concern ourselves with matters of fairness and morality and create relationships - whether at work or at home - which thrive, all depend on finding empathy in ourselves and in others.

Too often in recent years has the narrative around empathy been dominated by cautionary tales of the 'empath' with their bias towards negative emotional expressions. This book is a clarion call for the virtues of empathy, with a very contemporary twist. You'll learn:

- How being empathetic will bring out the best virtues in yourself and others
- How empathy will help you connect and find deep lasting relationships
- How to use empathy to make better decisions at home and at work
- How to attract empathy, making your world a kinder place.
- How to regulate your empathy, avoid focusing on negative emotions and evade compassion fatigue or burnout.
- Why young people are more focused on mental health, wellbeing, fairness and justice ever before, and why acting with empathy is the vital skill of the future.

REWOKED



PUTTING HEALTH AND HAPPINESS
AT THE CENTRE OF YOUR CAREER

DR. STEPHANIE FITZGERALD

AUG 2023 | TP | 272PP | ISBN-9781399806695

NICHOLAS BREALEY PUBLISHING

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STEPHANIE FITZGERALD is a Chartered Clinical Psychologist, specialising in Neuropsychology. She worked for the NHS for 10 years before moving to private practice and starting Health and Wellbeing Consultancy. She is a Senior Business Partner at Rolls Royce. She is a passionate and well-regarded keynote speaker and reach thousands of people through public speaking every year. She has written three books for Teach Yourself / JML.

Reworked

Putting Health and Happiness at
the Centre of Your Career

Dr. Stephanie Fitzgerald

We're raised to believe that we will have jobs and work. Our school system is designed in part to educate us so we can find a good job afterwards. Yet no-one ever tells you how to work. No one ever sits you down and tells you how to be at the centre of your work, how to get the most out of your role and how to be happy, healthy, safe and engaged in the workplace. Lacking this knowledge, work often veers off and feels wrong. Panicking, we change and start again somewhere else, thinking 'it's not me, it's the job'. And then the process begins again.

In a post-COVID19 world where redundancies are high, and job opportunities are low, never has it been so essential to learn how to be happy and healthy at work. Literature advocating that you 'love it or leave it' is not applicable or helpful in a squeezed job-market. Not many have the privilege of being able to up and leave their job, and even if you do there is no guarantee of happiness if you don't know the rules or understand how to work well and be well at work.

Unless you do the work, you can change jobs as often as you like but still never find the elusive happiness you seek. Jumping from job to job will not provide you with the answers, unless you can first rework yourself and shed yourself of the burden of inherited cultures, past beliefs and historical mistakes.

Reworked utilises neuroscience, evidence-based psychology and two decades of working in health and wellbeing to teach you how to be happy, healthy, safe and engaged at work. These are the four key pillars which run throughout the book. A book to empower, inspire and ignite a passion for happiness at work, *Reworked* will teach you everything you need to rethink, reimagine and reinvent yourself, as you always wanted to be, in the workplace.

Kevan Hall & Alan Hall

KILL BAD MEETINGS

CUT 50% OF YOUR MEETINGS



**TRANSFORM YOUR CULTURE,
IMPROVE COLLABORATION,
& ACCELERATE DECISIONS**

SEP 2017 | HB | 224PP | ISBN-9781473668379

NICHOLAS BREALEY PUBLISHING

RIGHTS SOLD: PORTUGUESE: PLÁTANO EDITORA

KEVAN HALL is an experienced CEO and consultant working with major multinationals around the world to inspire and enable people to succeed in connected global organizations. His previous books include *Speed Lead* and *Making the Matrix Work*.

ALAN HALL is a millennial manager with experience working in sales, sales operations and key account management in the packaged goods industry and now specializing in meeting management.

Kill Bad Meetings

Cut half your meetings and transform your productivity

Kevan Hall and Alan Hall

CUT 50% OF YOUR MEETINGS AND
IMPROVE THE ONES THAT REMAIN

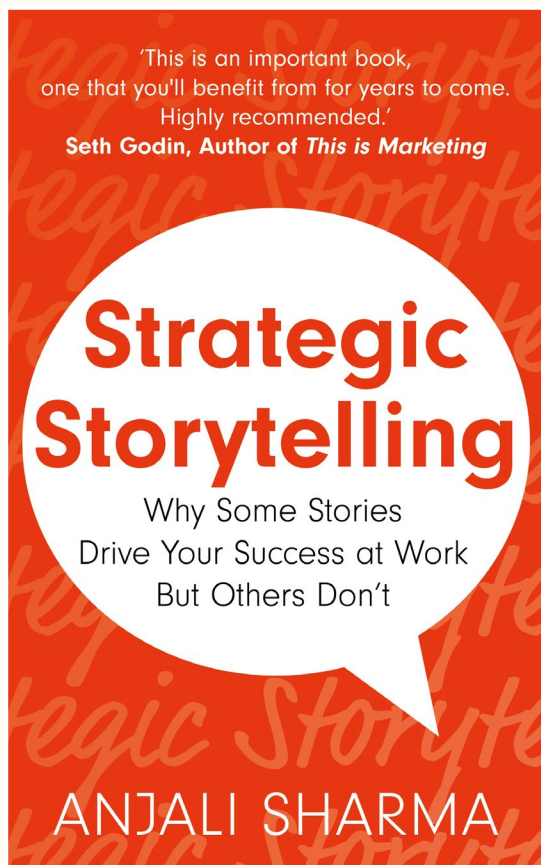
Meetings are essential to collaboration and decision making, but they are often irrelevant, time consuming and badly run. People spend an average of 2 days per week in meetings and 50% of it is wasted. This book will help you win back that wasted day a week by cutting out the half of face to face and virtual meetings that do not need to happen and radically improving the ones that remain.

The two authors, one an experienced CEO and consultant to major multinationals, the other a millennial line manager working within one of the world's largest companies, find common ground, and occasional disagreements on creating new ways of meeting both face to face and through technology that are far more engaging and effective for everyone.

The book focuses on three main areas:

- Dealing with the business and corporate cultural challenges in changing the way we meet
- Cutting out the unnecessary topics and participants that make up 50% of today's meetings
- Designing and running faster and more focused face to face and online meetings with more relevant content; clearer decisions and actions, and much higher levels of participation

Full of examples and practical tools that will improve everything from your regular team meetings to management meetings, online conferences, global meetings and big events. This book will lead you through practical actions and targets to kill the meetings that do not need to happen and radically improve the ones that remain.



FEB 2024 | TP | 256PP | ISBN-9781399804738

NICHOLAS BREALEY PUBLISHING

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ANJALI SHARMA is the founder of Narrative: The Business of Stories, and is one of the most sought-after keynote speakers trusted by international brands seeking guidance on finding, developing, and using their stories to make a dynamic change happen. Anjali works with private and government organisations to determine what their individual and unique business challenges are, and by incorporating story skills, she crafts individualised solutions to help solve those challenges. Anjali has helped companies to increase staff engagement and performance, increase client satisfaction and sales, define company values and effectively position brands by embedding story skills into their organisations.

Anjali has spoken on the topic of storytelling in Russia, Japan, US, London, Africa, UAE, Australia, India, China and almost all the Southeast Asian countries.

Strategic Storytelling

Why Some Stories Drive Your Success at Work But Others Don't

Anjali Sharma

In today's connection economy, the most successful leaders inspire their people with purpose and meaning. Powerful corporate storytelling can mobilise people around an organisational objective in a way that a focus on market share never will. Be it a digital transformation or a diversity and inclusion initiative, corporate change needs the support of the people in that organisation in order to stick.

Yet, while all stories can move people to take action, storytelling isn't a one size fits all. The most effective influencers learn to flex their narrative based on the audience's time or their level of expertise.

- A story that works on the stage doesn't work in the boardroom
- A story that works in the boardroom doesn't work in a team meeting
- A story that works in a team meeting doesn't work in a one-to-one conversation
- A story that works in one-to-one conversation doesn't work in sales...

Anjali Sharma introduces leaders and ambitious influencers to the Who, Why and How of strategic storytelling in business, enabling them bring about change and drive corporate success by telling exactly the right story in the right way.



MAR 2024 | TP | 258PP | ISBN-9781857882704

NICHOLAS BREALEY PUBLISHING

RIGHTS SOLD: TURKISH: HAYATIN RITMI EGITIM
KOÇLUK DANISMANLIK ERDEM ERCAN

MARK MCKERGOW PhD, MBA, is an international consultant, speaker and author who develops solutions focussed routes for organisational and personal development. Founder of The Centre for Solutions Focus at Work he has pioneered the use of solutions-focused methods in organisational and business contexts and is the only British-based person to have been elected to membership to Jack Canfield's Transformational Leadership Council.

PAUL Z. JACKSON is an independent training consultant, facilitator and coach, with a wide variety of clients in both the public and private sectors including P&G, Google, Lush and Crossrail. He uses his experience in journalism and as a comedy producer for the BBC to help leaders and businesses improve training, workshops and events.

The Solutions Focus

Third Edition

Making Coaching and Change SIMPLE

Paul Z. Jackson, Mark McKergow

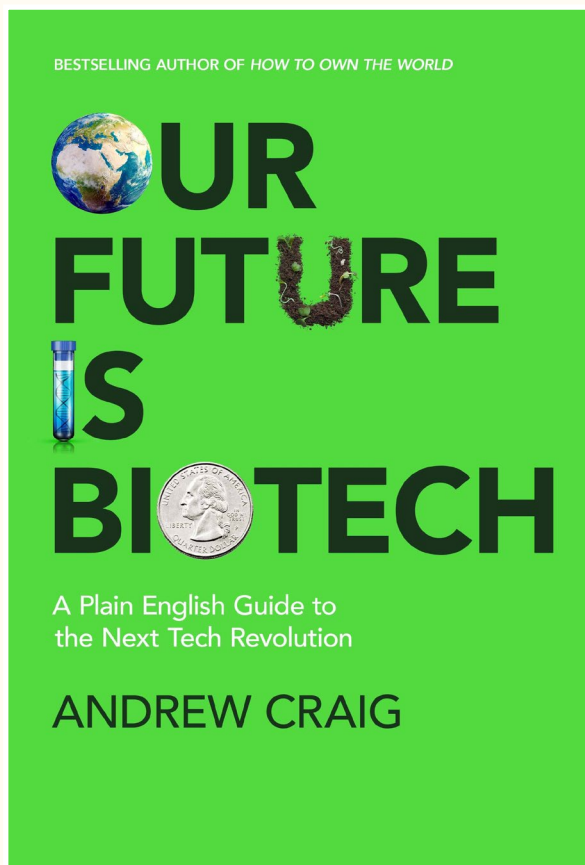
Solutions Focus Practice is transforming coaching, consulting and leadership in organisations all over the world. The approach values simplicity in philosophy and language and aims to discover 'what works' in a given situation, simply and practically, and then do more of it. *The Solutions Focus* is the definitive guide to this revolutionary yet practical alternative to conventional wisdom. It demonstrates how the unique SIMPLE method of working, sidesteps the search for the causes of trouble and heads directly for the solution.

The long-awaited new and updated edition of this acclaimed book on this powerful yet subtle approach to positive change, is fully revised and updated for today's executive, career and life coaches. Including the transformative OSKAR coaching framework, one of the most used throughout the coaching world.

This new edition includes updates throughout to position the book in the contemporary landscape as well as new research on embodiment and experience, the role of hosting rather than directing, and the importance of detail. At all levels it will look at 'next generation developments'.

New material on improvisation and co-constructed stories as well as new case studies from around the world including Nestle, Kraft, Tate and Canon, ensure this book will remain the leader in its field.

Some historical perspective will be given on all aspects, from therapy to organisations as well as more recent social change and community developments, continuing the book's legacy of placing value on the importance of micro and macro analyses in learning from real cases by looking closely at what happens and how it works.



APR 2024 | HB | 240PP | ISBN-9781399800174

NICHOLAS BREALEY PUBLISHING

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ANDREW CRAIG is a best-selling finance author, Founder of personal finance website www.plainenglishfinance.com and Investment Manager of the VT PEF Global Multi-Asset Fund.

Andrew has worked for leading financial institutions since 1998 and held various senior equity roles at leading investment banks, both in London and New York. In that time, Andrew has regularly been involved in high profile stock market transactions. These have included the Kingdom of Sweden's sales of Nordea Bank AB in 2013 (totalling \$7.6 billion) and the stock market flotation of several dozen companies including the likes of: *easyJet*, *Burberry*, *Campari*, *Carluccio's*, *the Carbon Trust* and *lastminute.com*.

Since founding *Plain English Finance* in 2011, Andrew has appeared in numerous national and specialist financial publications including: *The Mail on Sunday*, *The Mirror*, *CityAM*, *The Spectator*, *Shares* and *MoneyWeek* magazines, *YourMoney*, *This Is Money* and *Money Observer*.

Our Future is Biotech

A Plain English Guide to the Next Tech Revolution

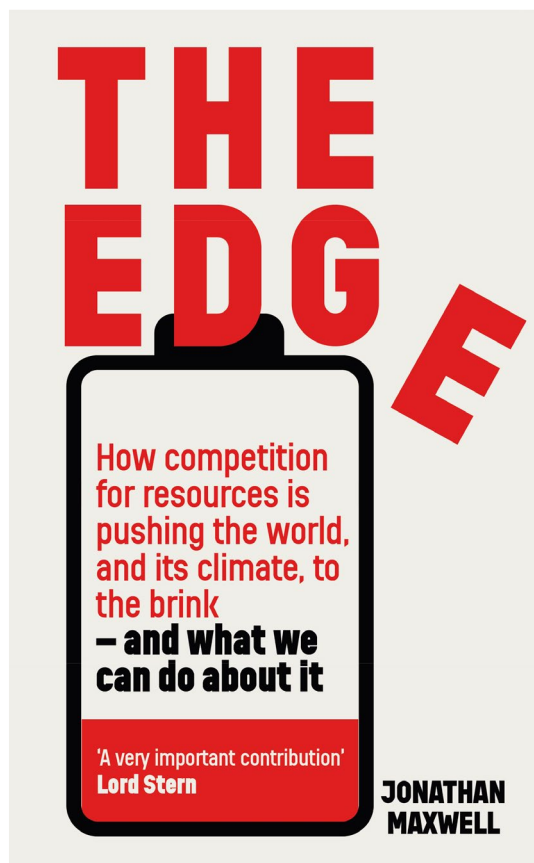
Andrew Craig

The Apples, Amazons and Googles of the next few decades will be biotech companies. The tech companies of the last few years have changed how we do things but the businesses driving the biotech revolution are about making life better. These companies will solve many of our most intractable problems: cancer, dementia, diabetes, elderly care, mental health challenges, even power generation and agricultural production. Biotech will mean that we can live far better, safer, healthier, wealthier, happier, and longer lives.

Very few people in the general population have any idea of the phenomenal progress being made in these areas. There are already "miracle cures" for several diseases with far more to come. Exponential progress will drive the price of such things down far enough to make them widely available globally. This goes a long way beyond just "healthcare". These technologies could be key to dealing with climate change and the destruction of the natural world.

This is a landmark and important book by a biotech investment expert who has been working in the industry for the past 6.5 years and knows how biotech does and doesn't work, as well as having a fair few interesting stories about working with some of the leading players / companies in the space. To add a current spin to this, his biggest client, Oxford Biomedica, is one of the main manufacturers of the Astra Zeneca COVID vaccine and is also the company that helped Novartis get the cost of treatment for kids with leukaemia down from \$3 million a go to \$300,000. The company has gone from £20m value to over a billion (and in the FTSE250) in the last 7 years as a result.

The book explains what biotech is, what is coming next, and in a final section, how interested investors can profit from it.



AUG 2023 | HB | 240PP | ISBN-9781399810845

NICHOLAS BREALEY PUBLISHING

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JONATHAN MAXWELL is the Founder and CEO of Sustainable Development Capital, LLP ('SDCL'), an award-winning independent investment firm with over US\$2 billion of investment capital focussed on efficient and decentralised generation of energy ('EDGE'). SDCL is investment manager of the SDCL Energy Efficiency Income Trust plc, the first investment company of its kind to focus on energy efficiency projects and a constituent of the FTSE 250 index. Jonathan has over 27 years' experience in business and finance with 15 years at the helm of one of the UK's only independent sustainability and climate-focussed investment firms, and is a frequent commentator in the media on energy markets, the environment and climate change.

The Edge

How competition for resources is pushing the world, and its climate, to the brink – and what we can do about it.

Jonathan Maxwell

We live in a World which, though the origins are long, seems suddenly transformed by economic events way out of our control. In seeking stability, we must acknowledge the seismic scale of the challenge, and understand the devastating impact of global energy inefficiency. Every society, organisation, business, household and individual must put efficiency first - not just to save money and carbon and improve resilience, but to reduce the risk, or effect, of conflict.

THE EDGE is a very contemporary look at how the world has been transformed by recent economic events, focusing on climate change, the war in Ukraine, the Chinese economy and the challenges the world faces around inflation, energy, transport, fuel, imports etc. Written from an economist/investor's perspective, with lessons for pretty much every institution challenged by these developments, it is a timely and essential resource authored by a global expert with peerless connections, from major organisations to government insiders, from investors to energy corporations. It will help businesses and economies currently at the mercy of the markets to transition towards sustainability, productivity and prosperity, and help everyone understand the world in 2023.



DEC 2023 | PB | PP | ISBN-9781399810418

TEACH YOURSELF

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In 2006 Coffee Break Spanish became the first podcast for beginners of Spanish and immediately caught the attention of listeners. Soon, language learners around the world were building their language skills with the Coffee Break Languages podcasts and online courses.

Since then, the Coffee Break courses -- which are now available in French, Italian, German, Spanish, Chinese, Swedish and English -- have become immensely popular. Consistently at the top of the educational podcast charts, the courses have been recognised through numerous awards, including European Professional Podcast of the Year and the European Award for Languages and have featured in The New York Times, the Guardian and on the BBC. Millions of learners have built their confidence in a language or taken up a new language using the friendly, accessible and successful method, effectively transforming their down time into "do time".

50 French Coffee Breaks

Short activities to improve your French one cup at a time

50 German Coffee Breaks

Short activities to improve your German one cup at a time

50 Italian Coffee Breaks

Short activities to improve your Italian one cup at a time

50 Spanish Coffee Breaks

Short activities to improve your Spanish one cup at a time

50 English Coffee Breaks

Short activities to improve your English one cup at a time

Coffee Break Languages

Transform your down time into 'do time'.

The most successful language learners create a habit of studying on a regular basis.

50 Coffee Breaks books make it easy to master a simple routine of improving your language skills by effortlessly integrating it with your calming daily ritual - from a 5-minute espresso to a 15-minute latte.

Organised by 5, 10 and 15 minutes, these 50 varied and lively activities - from anagrams and idiom challenges to recipes and quotations - are created for high-beginner to intermediate adult and young-adult learners and designed to keep you motivated while building your skills in key areas.

By practising a new language in a fun and relaxed way in the time you have, you will stay on track to achieve your language-learning aspirations. So, pick up your preferred brew and this practical book, and make learning the most pleasant and productive part of your busy day.

JUNE 2022 | PB | 272PP | ISBN-9781399802369
TEACH YOURSELF | TRANSLATION RIGHTS AVAILABLE

JUNE 2022 | PB | 272PP | ISBN-9781399802420
TEACH YOURSELF | TRANSLATION RIGHTS AVAILABLE

JUNE 2022 | PB | 272PP | ISBN-9781399802390
TEACH YOURSELF | TRANSLATION RIGHTS AVAILABLE

JUNE 2022 | PB | 272PP | ISBN-9781399802451
TEACH YOURSELF | TRANSLATION RIGHTS AVAILABLE

FINAL COVER TO BE REVEALED



Short Stories in Welsh

OLLY RICHARDS

FEB 2024 | PB | 240PP | ISBN-9781399813938

TEACH YOURSELF

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OLLY RICHARDS speaks eight languages and is the man behind the popular blog: *I Will Teach You A Language*. He started learning his first foreign language at age 19, when he bought a one-way ticket to Paris...

With no exposure to languages growing up, and no special talent to speak of, he had to figure out how to learn a foreign language from scratch. Fifteen years later, Olly has studied ten languages and has decided to reveal how he accomplished his goal of learning foreign languages quickly.

Although he started the *I Will Teach You A Language* blog in order to document his latest language-learning experiments, his useful and actionable writing quickly transformed the blog into one of the most popular sources of language learning advice on the web. He now produces language books and courses across a variety of mediums with the goal of helping other people to successfully learn a new language.

Short Stories in Welsh for Beginners

Read for pleasure at your level,
expand your vocabulary and
learn Welsh the fun way!

Olly Richards

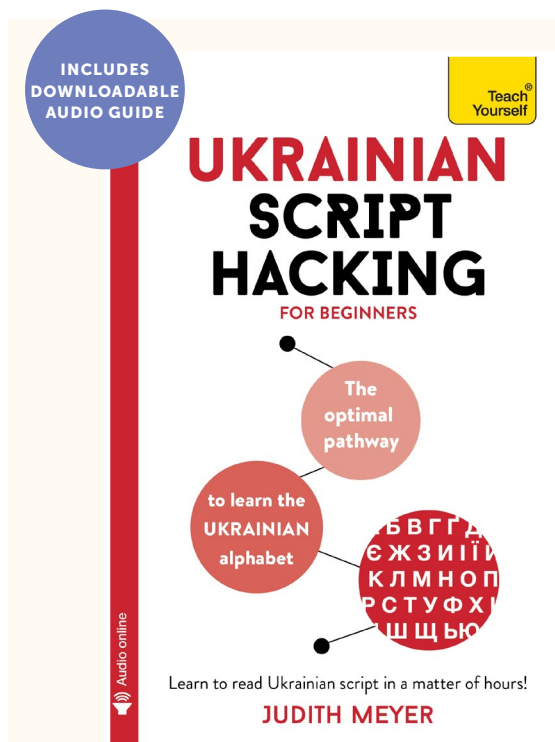
"Olly's top-notch language-learning insights are right in line with the best of what we know from neuroscience and cognitive psychology about how to learn effectively. I love his work - and you will too!"

- Barbara Oakley, PhD, Author of New York Times bestseller *A Mind for Numbers*

Short Stories in Welsh for Beginners has been written especially for students from high-beginner to low-intermediate level, designed to give a sense of achievement, a feeling of progress and most importantly - enjoyment! Mapped to A1-B1 on the Common European Framework of Reference (CEFR) for languages, these eight captivating stories are designed to give you a sense of achievement and a feeling of progress when reading.

What does this book give you?

- Eight stories in a variety of exciting genres, from science fiction and crime to history and thriller - making reading fun, while you learn a wide range of new vocabulary
- Controlled language at your level to help you progress confidently
- Realistic spoken dialogues to help you learn conversational expressions and improve your speaking ability
- Accessible grammar so you learn new structures naturally, in a stress-free way
- Pleasure! Research shows that if you're enjoying reading in a foreign language, you won't experience the usual feelings of frustration - 'It's too hard!' 'I don't understand!'



FEB 2024 | PB WITH EXTRA ITEM |

144PP | ISBN-9781399810906

TEACH YOURSELF

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JUDITH MEYER is a polyglot and language course developer and consultant with an MA in Romance Languages and Computational Linguistics. She speaks 14 languages and has successfully learned a number of foreign writing systems. Judith loves to help others succeed in their language-learning and encourages anyone to give it a try. She is the founder of the Polyglot Gathering, one of the largest conferences for polyglots and language bloggers. She is also co-author of *Complete Esperanto*.

Ukrainian Script Hacking

The optimal pathway to learn the Cyrillic alphabet

Judith Meyer

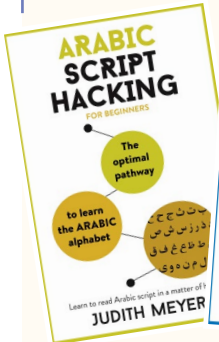
Using a unique, tried and tested algorithm, this book teaches you how to quickly and efficiently recognise letters and common words in Ukrainian script. Whether you need to quickly be able to read and understand the words around you, or are preparing to learn Ukrainian and want to master the basics, this is the book for you.

In this book you will find:

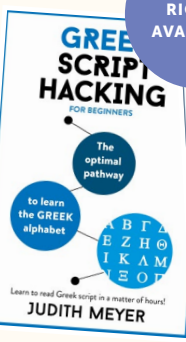
- An introduction to Ukrainian script and the Cyrillic alphabet
- Plenty of practice activities to help you recognise each letter of the alphabet
- Helpful mnemonics to make you remember the shape of each letter
- Accompanying audio files so you know how to pronounce letters and words
- Handy tips to help you decipher common and familiar words

The audio for this course can be downloaded from the Teach Yourself Library app or streamed at library.teachyourself.com.


Rely on *Teach Yourself*, trusted by language learners for over 85 years.



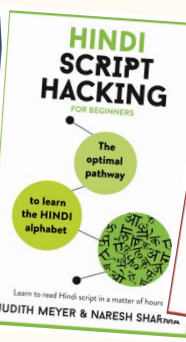
SEP 2018 | PB | 128PP
ISBN-9781473679696



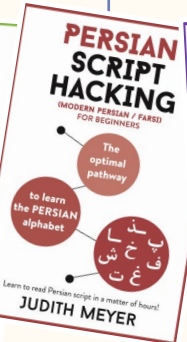
FEB 2019 | PB | 128PP
ISBN-9781473679825



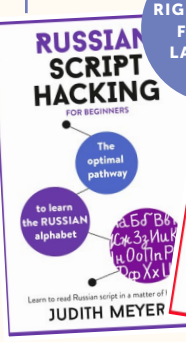
APR 2020 | PB | 128PP
ISBN-9781473679962



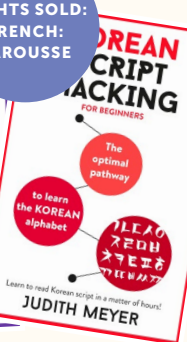
JUL 2020 | PB | 128PP
ISBN-9781473680067



APR 2020 | PB | 128PP
ISBN-9781473680029



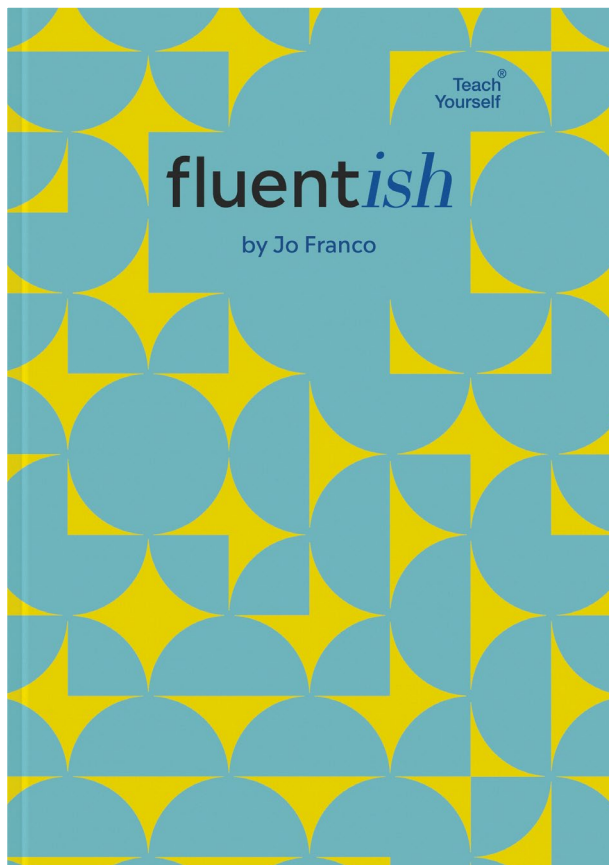
SEP 2019 | PB | 128PP
ISBN-9781473679917



MAR 2019 | PB | 128PP
ISBN-9781473679771

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RIGHTS SOLD:
FRENCH:
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NOV 2023 | HB | 240PP | ISBN-9781399805926

TEACH YOURSELF

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JO FRANCO is a Netflix travel host, podcaster, filmmaker, writer, and founder of JoClub, a global online journaling community. She has been documenting her language learning process and travels on social media for several years, acquiring over 1 million followers across several platforms. She currently speaks six languages, and uses multilingualism as a way to connect to the world to tell authentic stories about humanity.

Fluentish

Language Learning Planner and Journal

Jo Franco

Everyone is capable of learning a language... the secret is knowing how to learn.

- Struggling to find a logical pathway through all those books, apps, and foreign films?
- Frustrated by your lack of progress?
- Easily lose motivation?

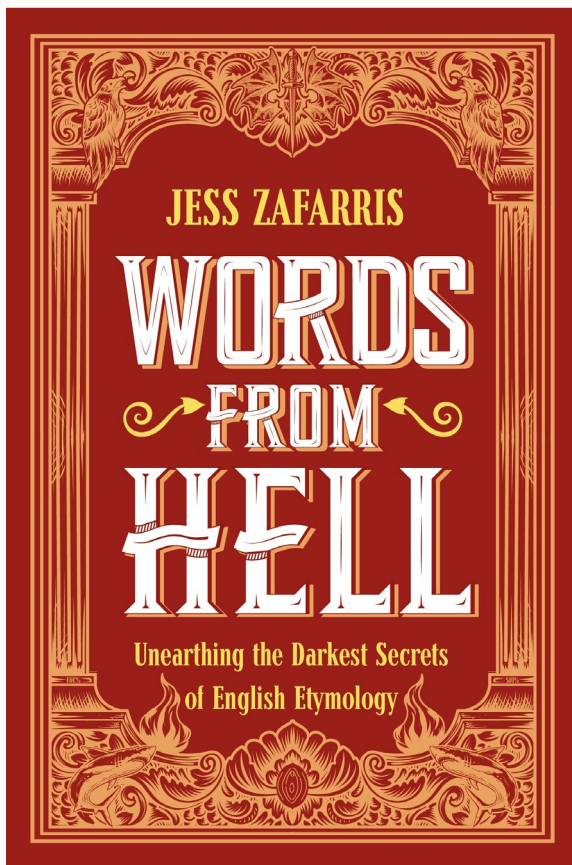
Netflix travel host, serial language learner, and lifelong journaler, Jo Franco has combined a powerful framework and inspiring journal to make the path to fluency achievable, meaningful and, joyful.

The first half of this simple guide provides a practical blueprint to help you plan and organize your learning while developing skills and good habits for success. It includes all the tools you need: goal setting, habit tracking, a clever workspace area to jot down and summarize notes, sections for vocabulary lists, verb tables, and more.

The second half guides you through over 60 journal prompts in a range of thought-provoking topics that will build both your self-awareness and language awareness. You will be able to identify language gaps, practice what you've learned and start writing your story in a new language.

Through journaling, you will connect both emotionally and logically to your target language which will create context based on your unique outlook on the world. This 'emotional learning' style will use memory and feeling to help you engage authentically with your study material and grow your fluency one entry at a time. The *Fluentish* method creates a mind-body connection to take your learning off the page and into the real world.

Whether you're learning your first or your fifth language, in the classroom or on your own, The Fluentish Language Learning Planner and Journal is the ideal companion to keep you organized, interested, and progressing in a new language.



FEB 2024 | HB | 352PP | ISBN-9781399808200

CHAMBERS

RIGHTS AVAILABLE

JESS ZAFARRIS is the author of *Once Upon a Word: A Word-Origin Dictionary for Kids*. She is also an award-winning innovator of digital content and marketing solutions and a prolific online and print journalist, having served as Audience Engagement Editor at Adweek and Executive Director of Marketing & Communications for *Gotham Ghostwriters*. Before that, she served as Content Strategist and Digital Content Director for *Writer's Digest* and *Script*, and she still occasionally writes for *WD*. Her nine years of experience in digital and print content direction and marketing include such roles as editor-in-chief of *HOW* magazine, as well as writing for the *The Hot Sheet*, the *Denver Business Journal*, *ABC News*, and the *Memphis Commercial Appeal*.

Words from Hell

Unearthing the Darkest Secrets of English Etymology

Jess Zafarris

The English language is where words go to be tortured and mutilated into unrecognizable shadows of their former selves. It's where Latin, Greek, and Germanic roots are shredded apart and stitched unceremoniously back together with misunderstood snippets of languages snatched from the wreckage of conquest and colonialism. It wreaks merciless havoc upon grammar and spelling. It turns clinical terms into insults and children's tales into filthy euphemisms.

With an emphasis on understanding where the foulest words in the English language came from—and the disgusting and hilarious histories behind them—this book demonstrates the true filth of our everyday words. But this book is more than just a list of vulgar words and salacious slang. It's a thoughtful analysis of why we deem words as being inappropriate as well as revealing 'good words' that have surprisingly naughty origins.

Dirty-minded word nerds and lewd linguistics lovers will derive unadulterated pleasure in leering at the origins of swear words, sexual lingo, inappropriate idioms, violent vocabulary, and terminology for bodily functions—not to mention the unexpectedly foul origins of words you thought were perfectly innocent. If it's inappropriate, stomach-churning, uncomfortable, or offensive, this book reaches into the dark recesses of history and exposes them for all to see.

True to the Chambers brand, this book combines humour, scholarly research and a beautiful design. It is a book to enjoy, collect and revisit time and time again.

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Be refreshed with new understanding. Be encouraged to apply your conclusions to life today.

Mark

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CHRISTOPHER K W MOORE is the Rector of the Benefice of Fownhope (St Mary) with Mordiford, Brockhampton, and Woolhope.. He also serves as the Regional Director of Church Society in the South and West of England, and as Chairman of the Fellowship of St Alban and St Sergius.

Acts

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MARTIN SALTER is a Lead Pastor. He is the author of *Mission in Action: A Biblical Description of Missional Ethics* (based on his PhD), *The Power of Pentecost* (an examination of Acts 2), and *So Loved: 26 Words that can Change your Life* (an evangelistic book based on John 3:16).

Ecclesiastes

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ERIC ORTLUND is Lecturer at Oak Hill Theological College, London. He has written two books on *Job: Suffering Wisely and Well: The Grief of Job and the Grace of God* (Crossway), and *Piercing Leviathan: God's Defeat of Evil in the Book of Job* (NSBT).

Luke

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DAVID G. PETERSON teaches at Cornhill Sydney and Moore College in Sydney, Australia. He is the author of commentaries on Romans (BTCP), Hebrews (Tyndale) and Acts (Pillar), and other books including *Engaging with God* (a biblical theology of worship).

Matthew

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BEN COOPER is the Deputy Director of the Cornhill Training Course in London. He has written several books including *Positive Complementarianism: The Key Biblical Texts* (Latimer), and *Incorporated Servanthood: Commitment and Discipleship in the Gospel of Matthew* (Bloomsbury).



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ELIZABETH OLDFIELD is an established voice on matters of spirituality, identity, meaning and ethics, having appeared multiple times on *BBC One*, *Radio 5Live*, *Radio 4*, and *The World Service*, and in *The Financial Times*, *Prospect*, *The Times*, *CNN*, *The Guardian* and beyond. She has a regular column for *UnHerd* and presents, *The Sacred* podcast which explores the deep values of a range of guests and is in the top 3% of British podcasts. Former guests include, Prue Leith, David Brooks, Sally Philips, Sathnam Sanghera, Rhik Samadder, Charlie Gilmour, David Baddiel and Rainn Wilson. She has been a guest on Russell Brand's podcast *Under the Skin* and spoken on spirituality at the RSA. Elizabeth is also the former Director and now Senior Fellow at Theos, the UK's leading Religion and Society think tank, a Contributing Editor at *Comment Magazine*, an Associate at *Perspectiva*, Senior Advisor at *Larger Us* and a guest lecturer at The University of Birmingham.

Fully Alive

Tending to the Soul in Turbulent Times

Elizabeth Oldfield

Using the seven deadly sins as a playful framework, popular podcaster Elizabeth Oldfield considers how to garden our inner lives so we grow towards developing the spiritual core strength necessary for when things fall apart.

How can I move from Sloth to Attention and make the most of my short life, focus on the most important things, and stop getting so distracted by trivialities?

Is it possible to move from Wrath to Peacemaking? How do I become a depolarising person in an age of outrage, deepening tribalism and division?

What might it look like to move from Gluttony to Awe and find my highs, my moments of ecstasy, awe and transcendence in expansive, life-giving ways, not in the bottom of a tub of ice cream or a bottle of wine?

And how can I move from Pride to Connection - How do I overcome the disconnection which keeps me from intimacy, committed community, and ultimately perhaps from the divine?

Deeply serious, yet amusingly relatable, this part memoir, part philosophical reflection on modern life is a thought-provoking, practical and hopeful read.



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HODDER FAITH

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JO FROST (Director of Comms) and PETER LYNAS (UK Director) are the co-founders of the Being Human Project and they are deeply invested in the initiative. After three years of research, they set up the Being Human course and the podcast which has been well received.

Being Human

A new lens for our cultural conversations

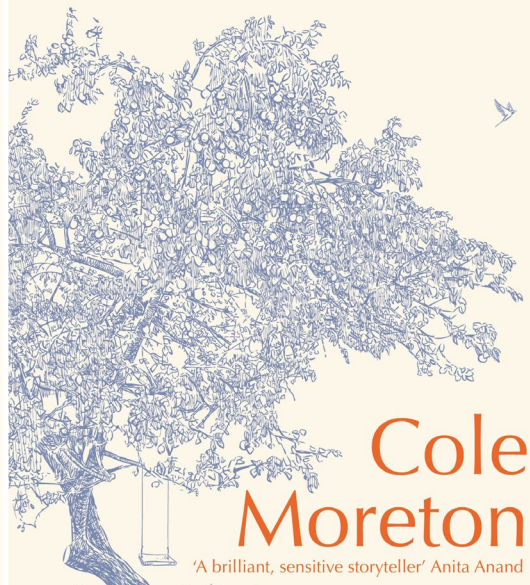
Jo Frost and Peter Lynas

This book explores our cultural stories and to see how they shape our individual and communal understanding of being human.

Co-authors Jo Frost and Peter Lynas equip readers to discover what it means to be human in today's world. By engaging with the dominant cultural stories of our day - from secularism to expressive individualism - Jo and Peter demonstrate how the cultural stories of our day are fully realised in the Christian story found in the Bible.

Everything is Extraordinary

True Stories About How We Live, Love and Pay Attention



SEP 2023 | HB | 256PP | ISBN-9781399800372

HODDER FAITH

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COLE MORETON is a writer and broadcaster exploring who we are and what we believe in. Cole was named as Interviewer of the Year at the Press Awards for his work with the *Mail on Sunday*. Cole has covered many of the major news stories of our times as a writer for titles including *The Telegraph*, *The Guardian* and *The Financial Times* and was once executive editor of the late, lamented *Independent on Sunday*. Cole's new podcast *Can We Talk?* is a series of crafted short stories about encounters with remarkable people and what we can learn about how to live. He is the author of four non-fiction books.

Everything is Extraordinary

True stories about how we live, love and pay attention

Cole Moreton

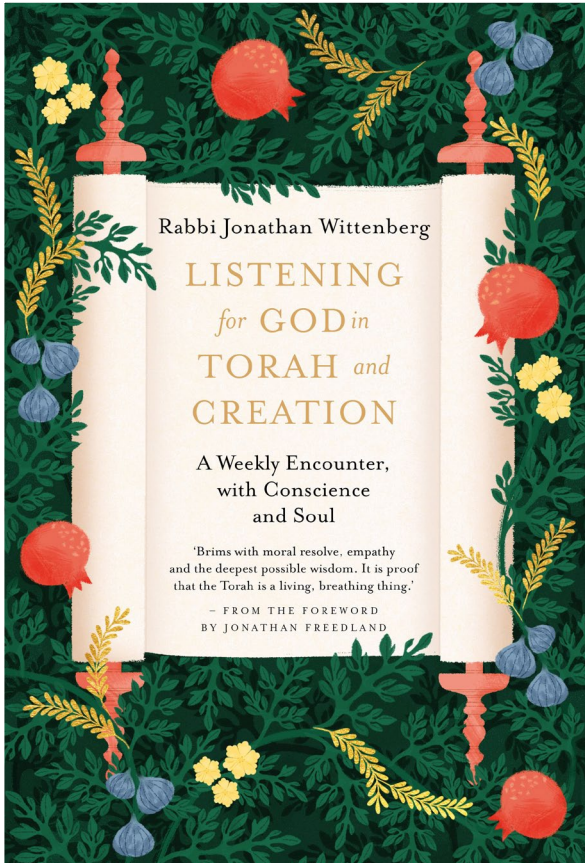
Clive James raged against the dying of the light, as you would expect from a man who had punched out prose like a prizefighter all his life; yet he also showed grace and gratitude at being allowed to stay in that light for a little while longer. He saw beauty in even the smallest things. Every moment was potentially precious, because there were so few left. As his daughter Claerwen said, for him "Everything was Extraordinary."

What if we could learn to live with such awareness long before the end? To appreciate every moment, and every encounter with another human or with the natural world around us? Might we, too, learn that everything is extraordinary? That we are interconnected and interdependent?

Each encounter we have with another person is potentially meaningful because our very humanity depends on being connected with others. As Desmond Tutu says: 'I couldn't be a human being on my lonesome, I wouldn't know what to do.'

In a set of lyrical meditations, award-winning writer and interviewer Cole Moreton takes us face-to-face with the famous, the infamous -- and others with insights to share -- from Scarlett Johansson, Tiger Woods and Her Majesty Queen Elizabeth II to Zahra, a refugee who crossed the Channel on a tiny, overladen rubber boat. We meet all of them as equals and each fascinating story tells us something about the way we live, love and reach out to find each other, whoever we are.

Everything Is Extraordinary builds into a mesmerising and lyrical meditation on the joy of being alive and open to the world. All we need to do is pay attention.



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HODDER FAITH

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JONATHAN WITTENBERG was born in Glasgow in 1957 to a family of German Jewish origin. The family moved to London in 1963, where he attended University College School, specialising in classical and modern languages, subsequently reading English at Cambridge. He trained for the rabbinate at Leo Baeck College London, receiving ordination in 1987. He now lives in London with his wife Nicky and, three children, and his faithful canine companion, Mitzpah.

Listening for God in Torah and Creation

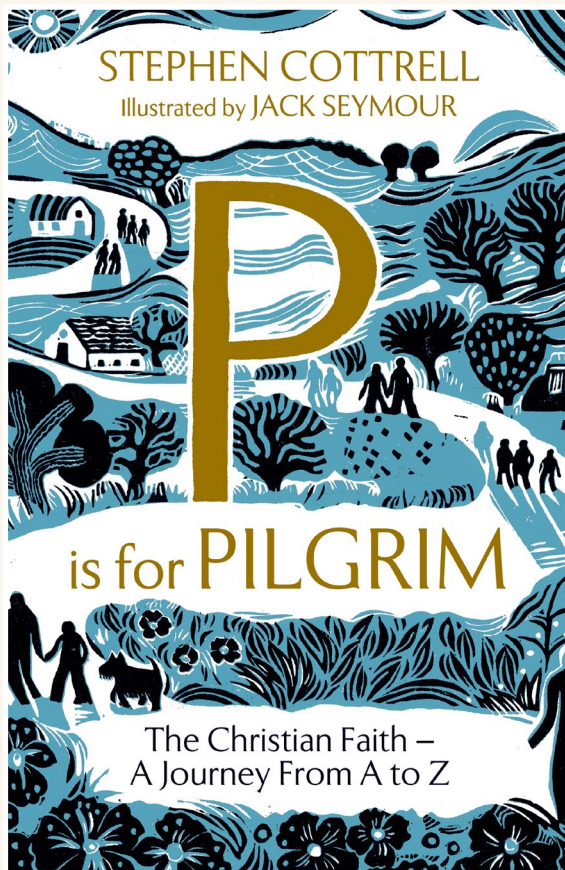
A weekly journey with
conscience and soul

Jonathan Wittenberg

'The essence of Jewish life is not the bland performance of the Torah's commandments, but rather love of Torah and the way of life to which it is the guide.'

Tap into the wisdom of one of the world's ancient religions by meditating on Rabbi Wittenberg's engaging, contemporary, spiritual, social and ethical insights to the Torah. Rooted in decades of devoted immersion in Jewish learning, humanist literature, concern for people at all ages and stages of life, environmental activism and a love of nature, Rabbi Wittenberg offers wisdom relevant to Jews, Christians and spiritual seekers of all and no faiths.

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HODDER FAITH

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STEPHEN COTTRELL is the Archbishop of York and was for almost ten years Bishop of Chelmsford; before that he was Bishop of Reading. He has worked in parishes in London and Chichester, as Canon Pastor of Peterborough Cathedral, as Missioner in the Wakefield diocese and as part of Springboard, the Archbishop of Canterbury's evangelism team.

He has written widely on evangelism, spirituality and discipleship. Among his most recent books are *On Priesthood* (2020), a series of Lent and Holy Week meditations, *The Things He Carried* (2008), a follow up of reflections for Easter Day, *The Things He Said* (2009), *The Nail: Being part of the Passion* (2011) and *Christ in the Wilderness: Reflecting on the paintings of Stanley Spencer* (2012). His bestselling *I Thirst* was the Archbishop of Canterbury's Lent book for 2004.

P is for Pilgrim

Stephen Cottrell

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It introduces the key words and concepts of the Christian faith and tells the story of how God's heart's is open to everyone through the life, death and resurrection of his Son, Jesus Christ.

It is suitable for anyone aged 9 - 90.

