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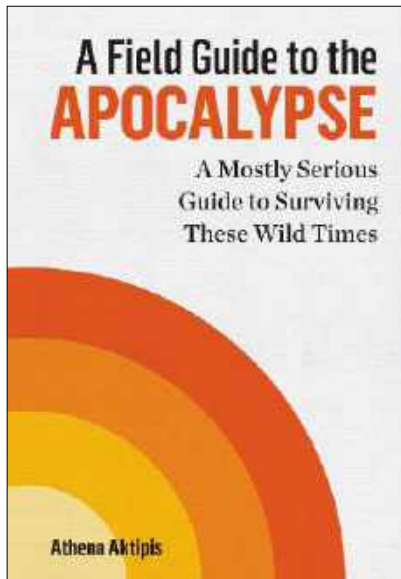
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A R T I S A N

GENERAL NON-FICTION



April 2024 • 256 pages
Two-color illustrations throughout
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A FIELD GUIDE TO THE APOCALYPSE

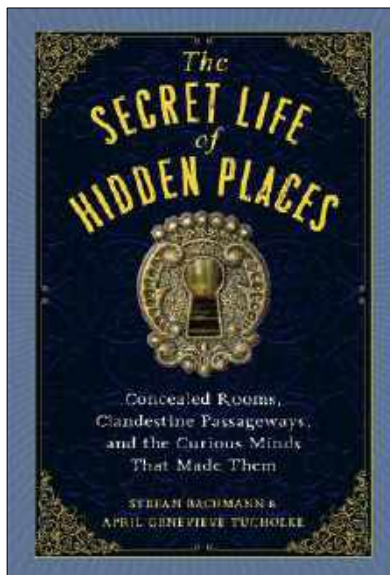
A Mostly Serious Guide to Surviving Our Wild Times

By Athena Aktipis

A commonsense field guide to understanding, surviving, and thriving in our time of complex chaos and crises.

From Covid-19 to runaway technology to climate change, we are currently living in an apocalyptic state. And it's nothing new: As a species we've been surviving—and evolving from—apocalypses for as long as we've walked the Earth. So, we're capable of dealing with them, surviving them, and yes, thriving through them. In *A Field Guide to the Apocalypse*, evolutionary psychologist and zombie enthusiast Athena Aktipis has assembled a lively, unexpected field guide to help readers mentally and practically prepare for current and future apocalyptic events. She begins by teaching readers to overcome the main obstacle in surviving an apocalypse: fear. And then trains them on how to make smart decisions based on historic precedent, human psychology, and brain science. Illustrated with 2-color illustrations throughout that both teach and entertain, the book is organized into five chapters that guide readers through our history with apocalypses, how we're evolved to survive them by cooperating with each other, and how to thrive amidst our multi-apocalyptic reality. Aktipis is the co-Director of the Human Generosity Project, hosts a podcast called *Zombified*, and is the chair of the Zombie Apocalypse Meeting.

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February 2024 • 304 pages
Full-color illustrations and photographs throughout
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THE SECRET LIFE OF HIDDEN PLACES

Concealed Rooms, Clandestine Passageways, and the Curious Minds That Made Them

By Stefan Bachmann & April Genevieve Tucholke

A beautifully written and photographed journey through some of the world's most secretive, seductive, and incredible places.

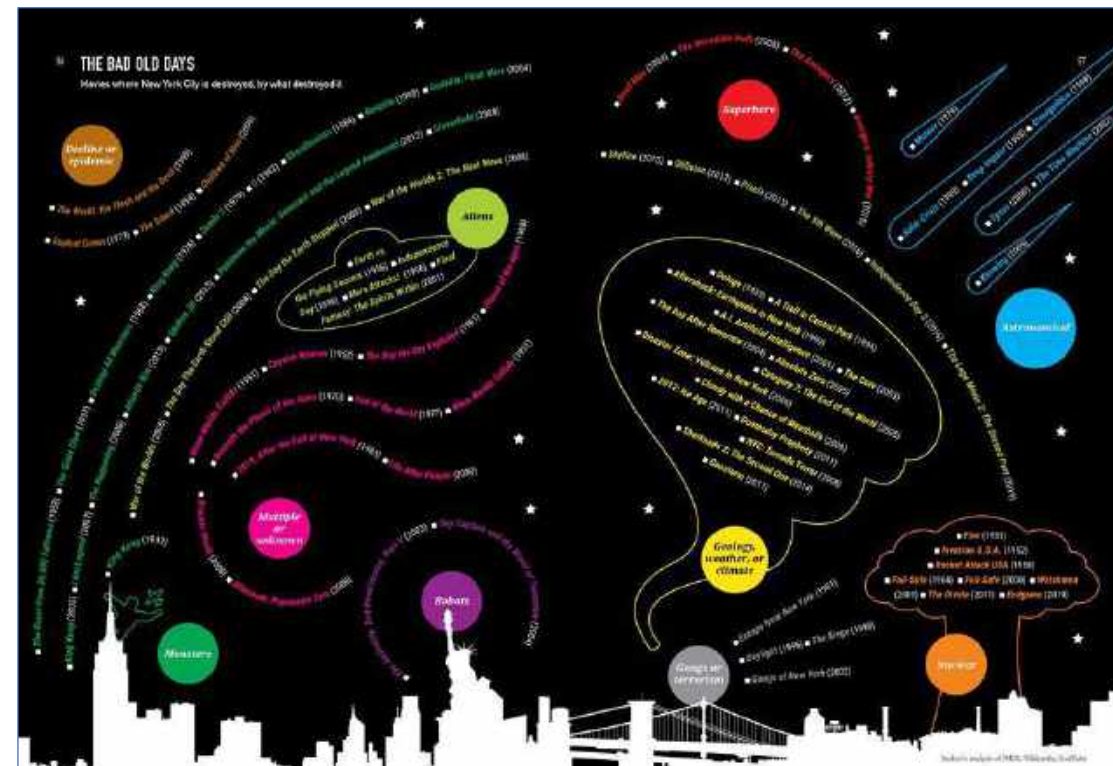
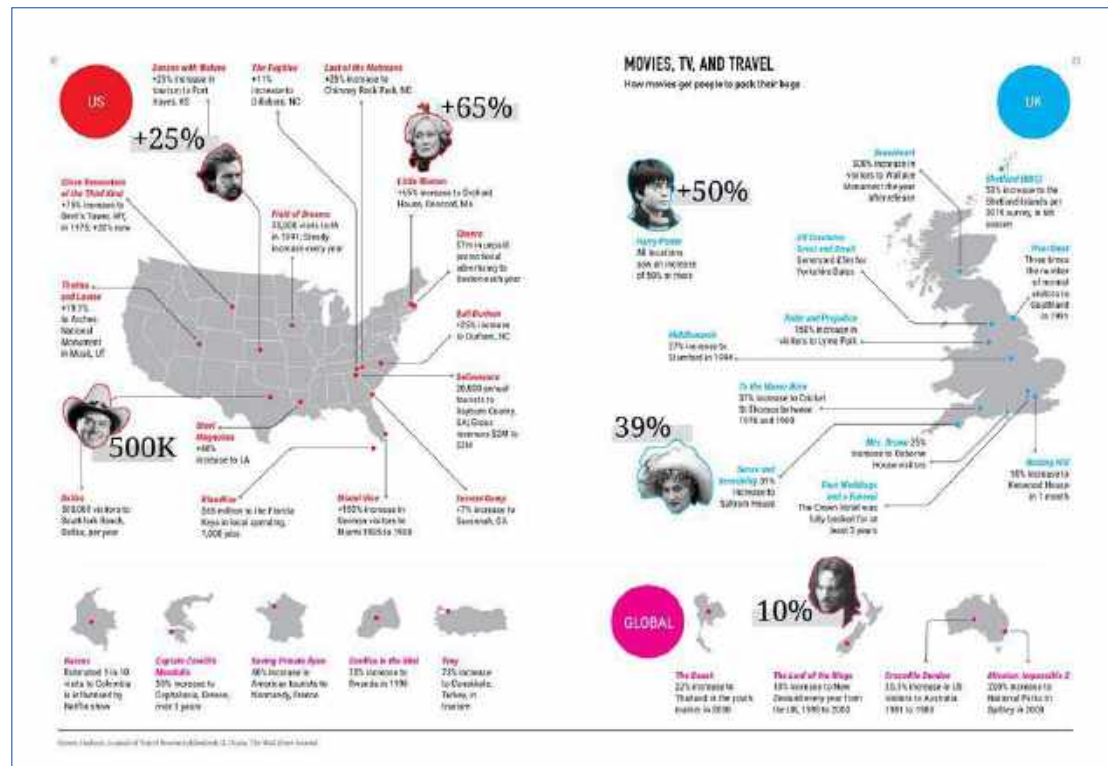
In *The Secret Life of Hidden Places*, the reader is led on a global tour of the world's most amazing spaces and places—some hidden, others well known but secreted nonetheless—including manors, palaces, tunnels, rooms, staircases, and tombs. The authors' lyrical prose, accompanied by captivating photographs, transports the reader to mysterious, alluring destinations—such as a mystically beautiful room made of amber last seen in a German palace during World War II, an English sunken manor built by a reclusive royal, an ancient well in Portugal constructed by the Knights Templar, and an underground bone chamber in Sweden. Each of *The Secret Life's* 19 chapters is about a place, but also a person or people whose passion and obsessions led them to create something magical and spectacular that survived, either in story or structure.

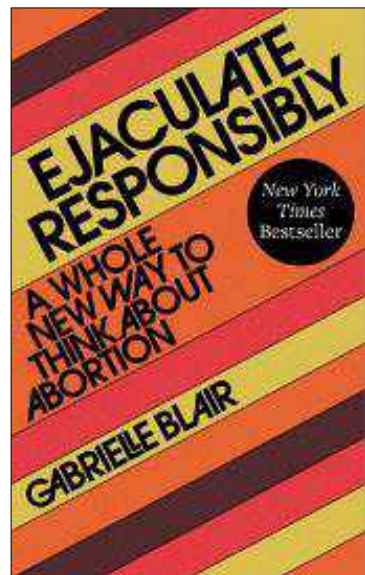


Virtually anyone who has ever watched a profound movie, a powerful TV show, or read a moving novel understands that entertainment can and does affect us in surprising and significant ways. But did you know that our most popular forms of entertainment can have a direct physical effect on us, a measurable impact on society, geopolitics, the economy, and even the future itself? In *You Are What You Watch*, Walt Hickey, Pulitzer Prize winner and former chief culture writer at acclaimed data site FiveThirtyEight.com, proves how exactly how what we watch (and read and listen to) has a far greater effect on us and the world at large than we imagine.

Employing a mix of research, deep reporting, and 100 data visualizations, Hickey presents the true power of entertainment and culture. From the decrease in shark populations after *Jaws* to the increase in women and girls taking up archery following *The Hunger Games*, *You Are What You Watch* proves its points not just with research and argument, but with hard data. Did you know, for example, that crime statistics prove that violent movies actually lead to *less* real-world violence? And that the international rise of anime and Manga helped lift the Japanese economy out of the doldrums in the 1980s? Or that British and American intelligence agencies actually got ideas from the James Bond movies?

October 2023 • 240 pages
**Four-color, with
 photographs throughout**
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October 2022 • 144 pages
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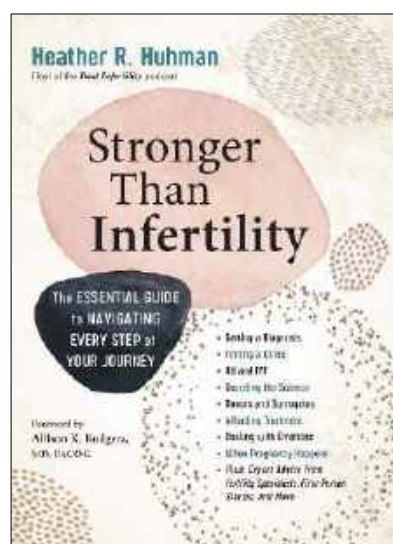
A Whole New Way to Think About Abortion

By Gabrielle Blair

In *New York Times* bestseller *Ejaculate Responsibly*, Gabrielle Blair offers a provocative reframing of the issue of responsibility for unwanted pregnancies—one that resonates regardless of one’s politics. In a series of 28 brief arguments, she deftly makes the case for moving the abortion debate away from controlling and legislating women’s bodies and instead directs the focus to men’s lack of accountability in preventing unwanted pregnancies. Highly readable, accessible, funny, and unflinching, Blair builds her argument by walking readers through the basics of fertility (men are 50 times more fertile than women), the unfair burden placed on women when it comes to preventing pregnancy (90% of the birth control market is for women), the wrongheaded stigmas around birth control for men (condoms make sex less pleasurable, vasectomies are scary and emasculating), and the counterintuitive reality that men, who are fertile 100% of the time, take little to no responsibility for preventing pregnancy. The result is a compelling and convincing case for placing the responsibility—and burden—of preventing unwanted pregnancies away from women and onto men.

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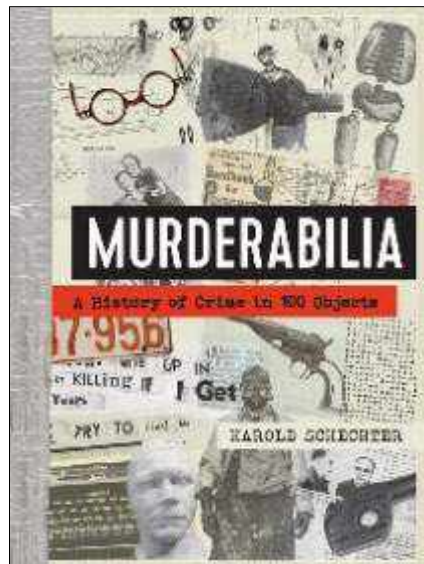
August 2023 • 480 pages
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STRONGER THAN INFERTILITY

The Essential Guide to Navigating Every Step of Your Journey

By Heather Huhman

An indispensable, comprehensive, and accessible reference book, *Navigating Infertility* provides the tools people need to be their own best advocates as they navigate their fertility journey. Author Heather Huhman guides readers through every stage—from knowing when to seek medical advice to parenting after infertility, and everything in between. There’s the medical nitty gritty: getting a diagnosis (or not); selecting a fertility clinic that’s right for you; understanding IUI and IVF and genetic testing; a comprehensive list of medications and their side effects, and much more. There are emotional high and lows: staying hopeful while managing grief and depression, maintaining and strengthening your relationship, and navigating religious and ethical concerns. *Navigating Infertility* breaks down complicated clinical information and expert medical advice from top specialists in the field. The book includes first-person stories and hard-won advice from women who have been down this long and often painful road (Huhman included), and offers a clear-eyed look at the emotional and psychological landmines that come with the journey.



MURDERABILIA

A History of Crime in 100 Objects

By Harold Schechter

In *Murderabilia*, veteran true crime writer Harold Schechter presents 100 murder-related artifacts spanning two centuries (1808–2014), with accompanying stories. A visual and literary journey, this is a history unlike any previously told in the true crime genre, one that speaks to the dark fascination of crime fans while also presenting a larger historical timeline of how and why we continue to be captivated by the most sensational crimes and killers among us. The false teeth of a female serial killer from 1908, the cut-and-paste confession of the Black Dahlia killer, the newly cracked cipher of the Zodiac killer, the shotgun used in the Clutter family murders (which were made famous by Truman Capote’s true crime classic *In Cold Blood*)—these are more than simple artifacts that once belonged to notorious murderers. They are objects of fascination to the legion of true crime obsessives around the world, because they represent a way to better understand those whom we typically label monsters in lieu of learning how they actually became one.

September 2023 • 288 pages
Two-color, with
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PARENTING



THE MONTESSORI CHILD

A Parent's Guide to Raising Capable Children with Creative Minds and Compassionate Hearts

By Simone Davies and Junnifa Uzodike

From the bestselling authors of *The Montessori Toddler* and *The Montessori Baby* (with a combined 630,000 copies in print), *The Montessori Child* guides parents in using the principles of Montessori to raise their school-aged children in ways that assist their development and foster a respectful relationship between parent and child and world.

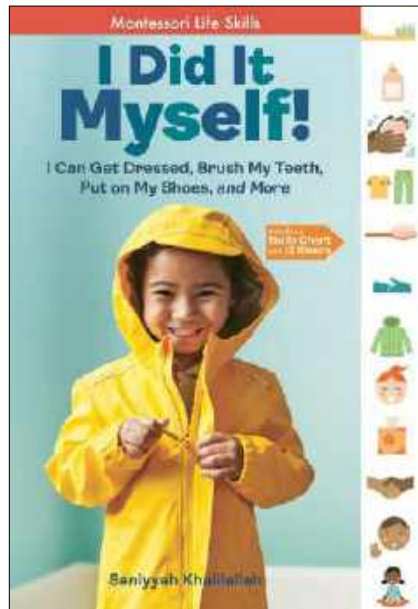
When children are given independence, the tools to succeed, and the encouragement to build on their abilities, it's amazing what they can achieve. The newest book in the bestselling Montessori series is an everything-you-need-to-know guide to raising your school-aged child (from 3–12 years old, with a bonus chapter for the teen years) in the Montessori way. Educators Simone Davies and Junnifa Uzodike provide an in-depth, practical guide to incorporating Montessori principles into readers' everyday lives, with advice on everything from setting up your home in ways that encourage curiosity and independence to supporting your child's social and moral development with a balance of limit-setting and age-appropriate freedoms. The book includes dozens of hands-on activities to help foster your child's love of numbers and literacy, art and science, and ones that encourage community-building, social awareness, and connection with the natural world. *The Montessori Child* offers a powerful alternative for parents who feel that family life has gotten too complicated, by showing parents how to make more intentional choices for their families, how to better understand the needs of their children, and support them as they develop their unique potential.

March 2024 • 288 pages
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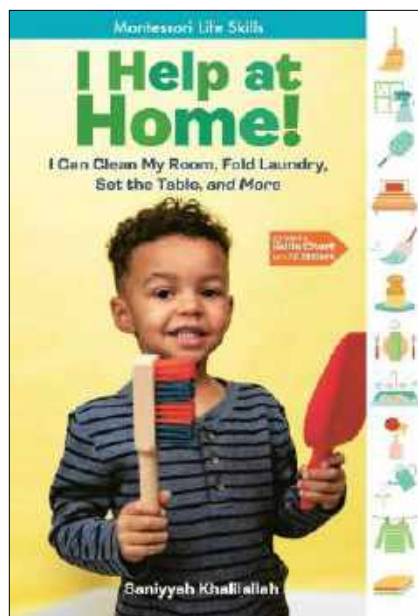
February 2023 • 32 pages
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World rights: Storey

I DID IT MYSELF!

I Can Get Dressed, Brush My Teeth, Put on My Shoes, and More:
Montessori Life Skills

By Saniyyah Khalilallah

With a toddler-sized hairbrush, a mirror hung at just the right height, and the step-by-step photos in *I Did It Myself!*, children aged 2 to 5 are on the path to mastering self-care skills. From getting dressed to washing hands, brushing teeth, and applying lotion, each activity fosters independence, builds concentration, helps develop motor skills, and encourages responsibility. Inspired by the Montessori curriculum, the unique book format features an interactive skills chart that's included on the inside back cover, with sturdy slider windows for each activity. This offers children the perfect incentive to make self-care a daily routine, as they complete each activity, slide the window, and confidently declare, "I Did It!"



February 2023 • 32 pages
Full-color illustrations
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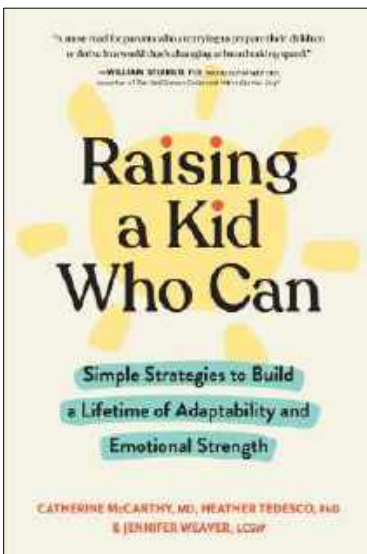
I HELP AT HOME!

I Can Clean My Room, Fold Laundry, Set the Table, and More:
Montessori Life Skills

By Saniyyah Khalilallah

Sweeping, scrubbing, dusting, and picking up are perfect hands-on activities for teaching toddlers to care for their environment, while also fostering independence and developing strong motor skills. Inspired by the Montessori curriculum, this colorful guide specially created for 2- to 5-year-olds, teaches practical life skills with step-by-step photos. From setting a table to washing dishes, dusting shelves, and cleaning the bedroom, toddlers and preschoolers learn the confidence and satisfaction that comes from being able to help at home. The unique book format features an interactive skills chart with sliding windows on the inside back cover, encouraging toddlers to complete the task, slide the window and proudly say, "I Did It!"





RAISING A KID WHO CAN

Simple Strategies to Build a Lifetime of Adaptability and Emotional Strength

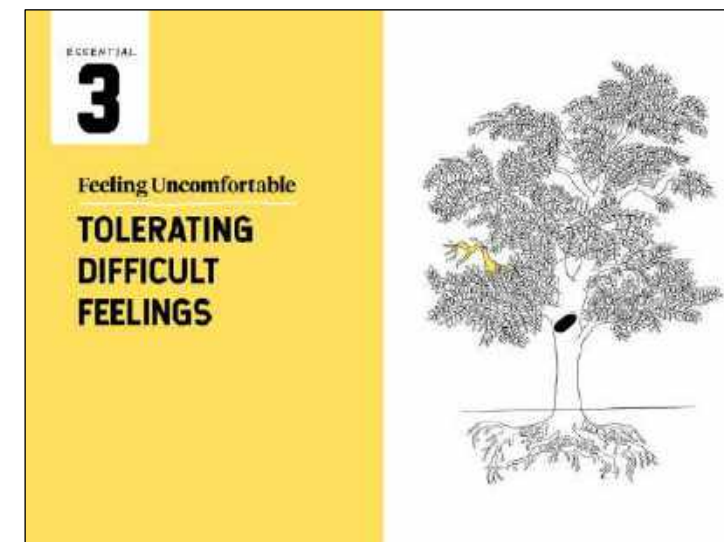
By Catherine McCarthy, MD; Heather Tedesco, PhD & Jennifer Weaver, LCSW

Three expert authors cut through the crowded world of parenting advice with this accessible, easy-to-skim book filled with actionable strategies and tips to help parents focus on what's essential and build their child's neurobiological capacity to thrive, in good times and bad. Filled with scientifically based and clear advice and strategies, *Raising a Kid Who Can* highlights the ten essential things that every child needs to thrive so that parents can stop drowning in information and get to the business of raising healthier, happier humans. The authors are three mental health professionals (a psychiatrist, a child psychologist, and a parent therapist) with over 70 years of combined professional experience working with families. They have organized the book for easy reading, and designed it to be useful at any stage in a child's life. They devote one short, impactful chapter to each of ten principles, including Resilience, Attention and Self-Control, Psychological Flexibility, Self-Motivation, Compassion and Gratitude. The result is a new approach to a parenting guide, one that takes a wholistic approach to nurturing a child's development and helps parents get right to the information they need.

September 2023 • 288 pages
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THERE ARE MOMS WAY WORSE THAN YOU

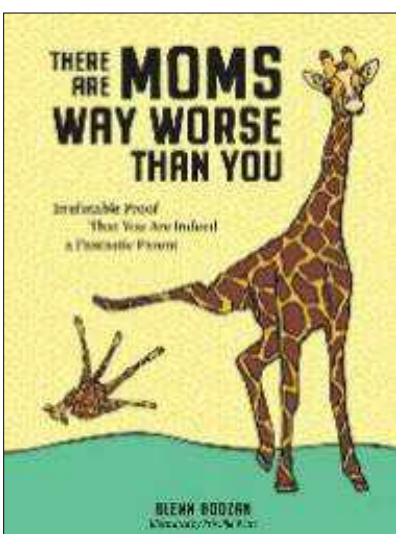
Irrefutable Proof That You Are Indeed a Fantastic Parent

By Glenn Boozan, Illustrated by Priscilla Witte

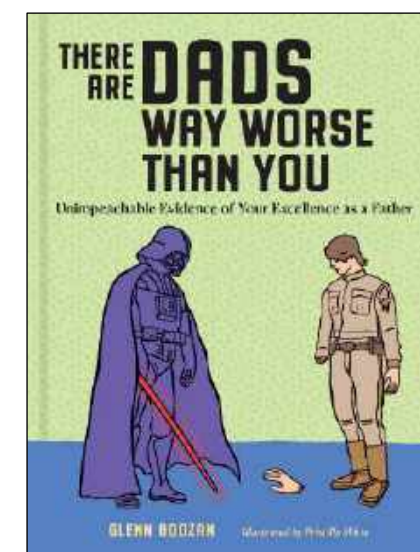
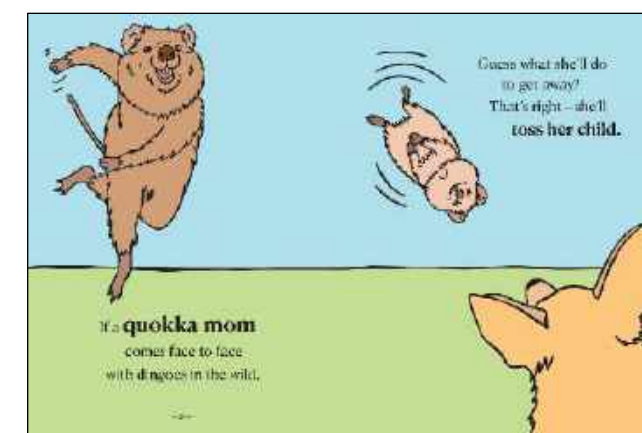
Viral sensation *There Are Moms Way Worse Than You* is an illustrated humor book for mothers who may be questioning their parenting skills. Full of scientifically true examples of terrible parents in the animal kingdom, it reminds and reassures any mother that there are much worse moms out there: koala moms who feed their kids poop, giraffe moms who kick their newborn calves until they walk, and more. An index at the back provides brief and satisfying explanations of the seemingly outlandish parental behavior in the animal kingdom. (For example, that giraffe mom is only trying to encourage the baby to start walking before predators approach). Comedian Glenn Boozan delivers a unique approach to celebrating moms, and a reality check on what really constitutes a “good mother.” Hilariously reassuring, grounded in facts from the animal kingdom, and delightfully illustrated, this is the perfect gift for insecure mothers everywhere.

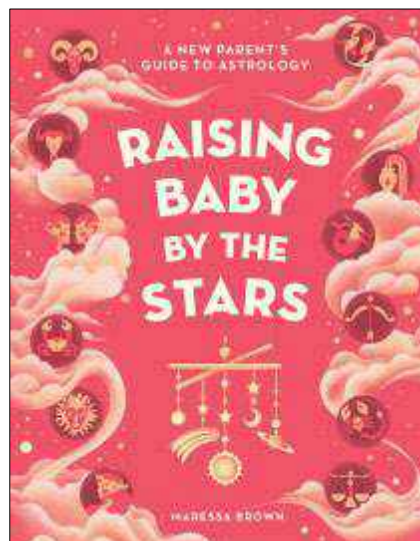
With *There Are Dads Way Worse Than You* coming in April 2024!

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February 2023 • 352 pages

Full-color illustrations throughout

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RAISING BABY BY THE STARS

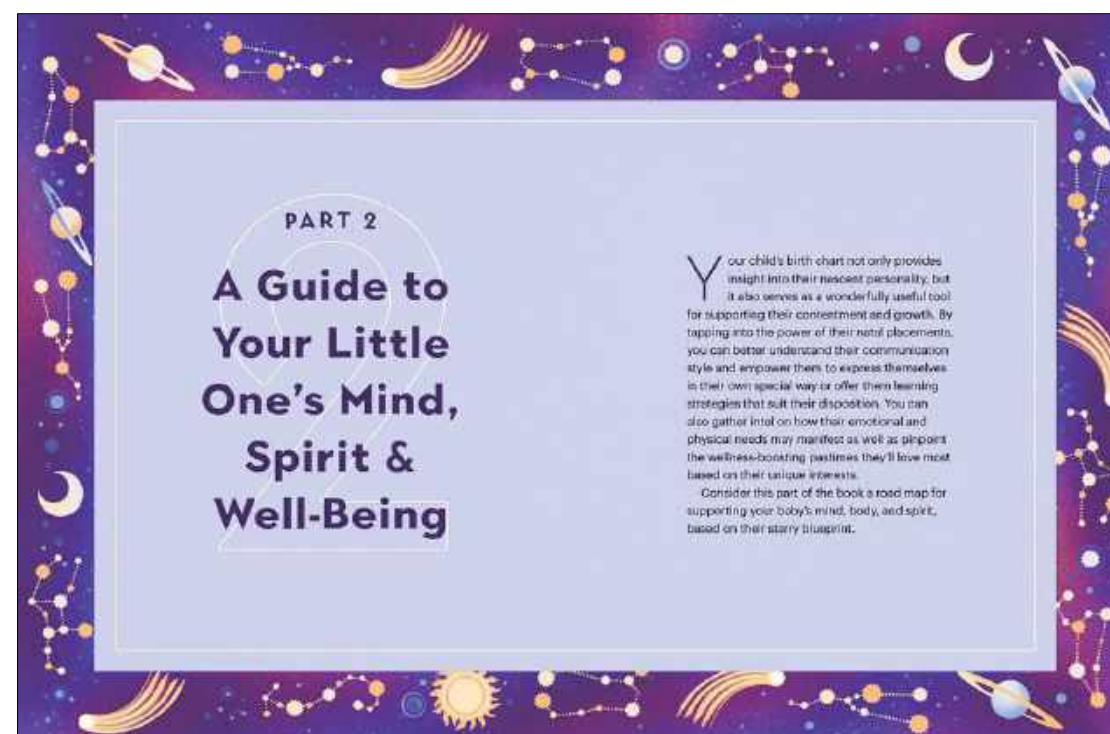
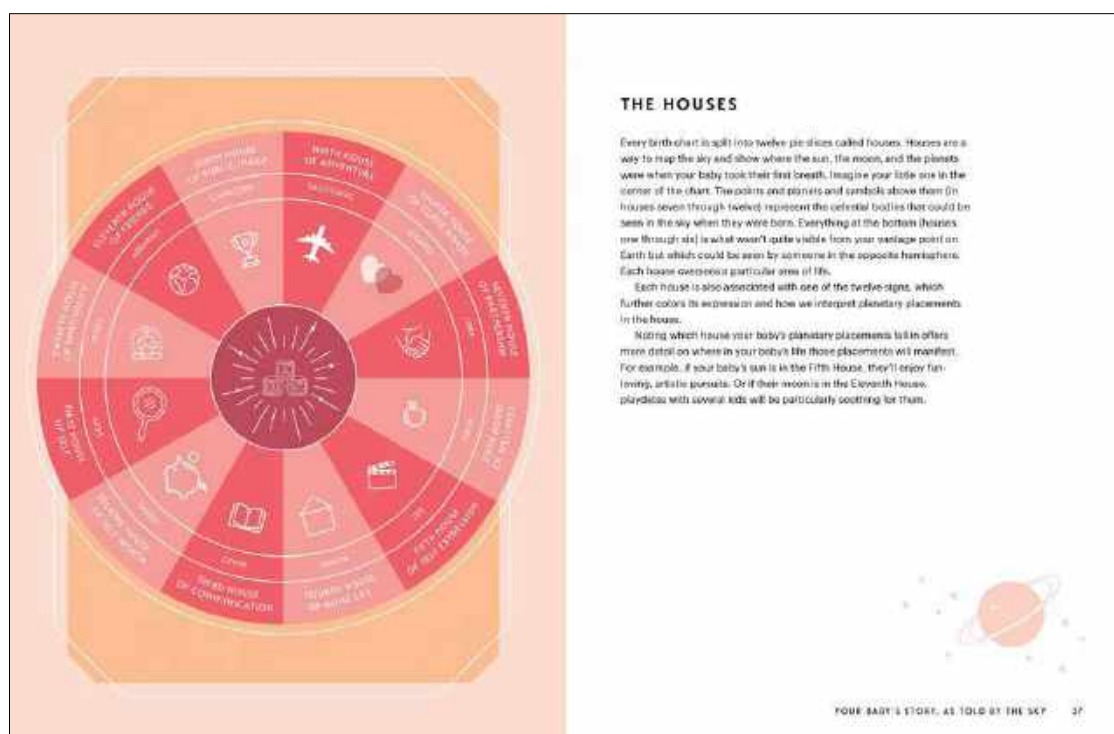
A New Parent's Guide to Astrology

By Maressa Brown

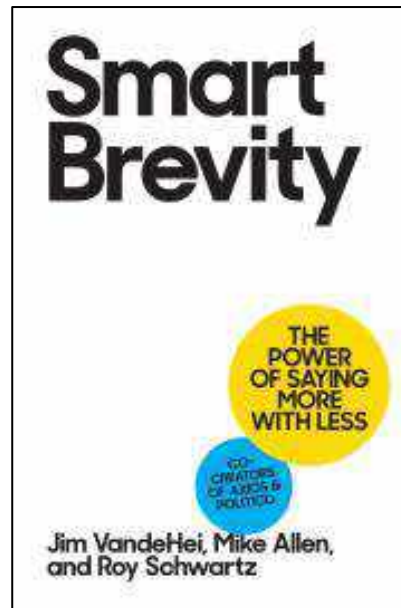
Beginning with your baby's zodiac sign, then jumping into their whole birth chart, here's how to use astrology to decode your little one's personality, character traits, communication style, likes and dislikes, inspiration for happiness, and triggers for fussiness. Your baby's sign can even help you find the best-suited books, toys, and activities for them to thrive. Divided into three parts—The Twelve Signs; A Guide to Your Little One's Mind, Spirit, and Well-Being; and Parent and Child Relationships: Bonding with Your Growing Star—this book covers specifics on parenting based on your own astrological identity (an Aries parent and an Aries child will connect through competitive activities but may clash as a result of their being equally hotheaded). It also includes the best ways to foster your little one's self-expression (art supplies are a must-have for Libras), how to boost your baby's physical and mental well-being (a back rub before bed will be especially soothing for a tense Leo), and more. In other words, it's a parenting book tailored to each unique child, all based on the timeless wisdom of the zodiac.

“An easy-to-follow overview of astrology. . . . [T]horoughness paired with . . . gentle advice makes for an ideal reference for the new age set. Open-minded parents will find this a fun resource.”

—*Publishers Weekly*



PERSONAL DEVELOPMENT



SMART BREVITY

The Power of Saying More with Less

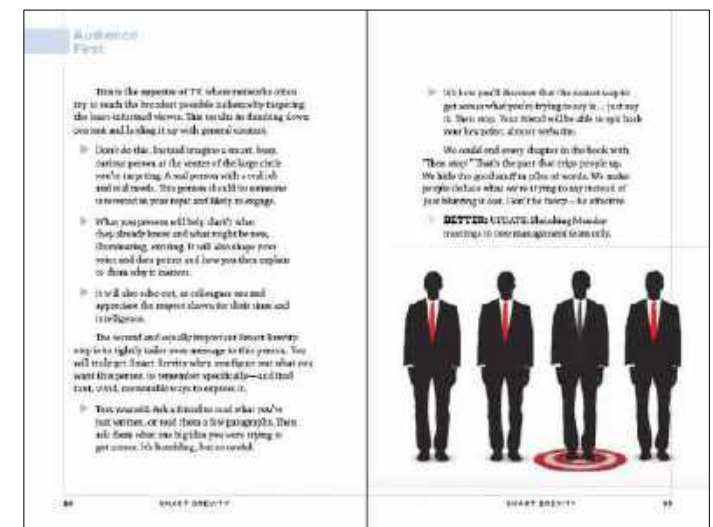
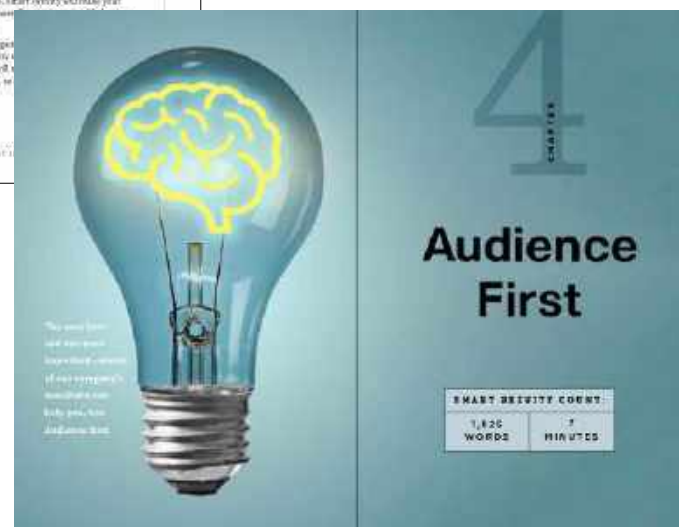
By Jim VandeHei, Mike Allen, & Roy Schwartz

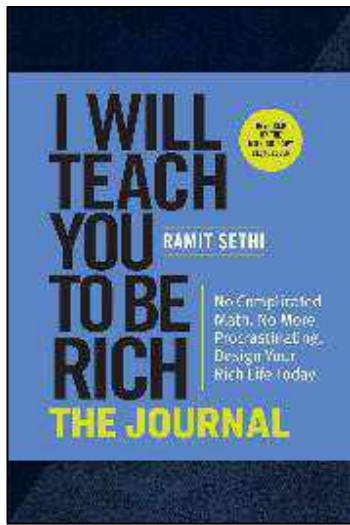
A *Wall Street Journal* and *USA Today* national bestseller, *Smart Brevity* is the business and communications book for the information age. It teaches readers how to communicate better with fewer words and more punch in their emails, newsletters, presentations, meetings, and much more, both at work and in life. The big idea: Brevity is confidence. Length is fear. If you want to get heard in the information age, you need to change the way you write. Smart Brevity is the founding philosophy of Axios News, perhaps the most successful news startup in a generation, with more than 20 million visitors per month and 3 million daily newsletter subscribers. It has been adopted by many Fortune 500 companies including Delta Airlines, JP Morgan Chase, Apple, Facebook, BP, and the NBA. Smart Brevity is empowering: It is fast and attention-grabbing. It has the power to transform people, but also companies, organizations, and any group that uses it. Jim VandeHei, Mike Allen, and Roy Schwartz are the co-founders of Axios, a media company focused on breaking news and invaluable insights across business, politics, technology, and the world.

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September 2022 • 224 pages
Two-color, with illustrations throughout
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September 2022 • 192 pages
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I WILL TEACH YOU TO BE RICH: THE JOURNAL

No Complicated Math. No More Procrastinating. Design Your Rich Life Today.

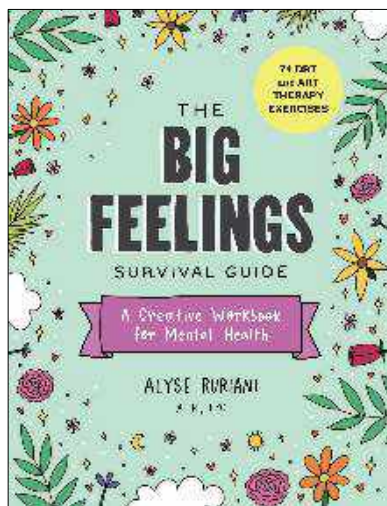
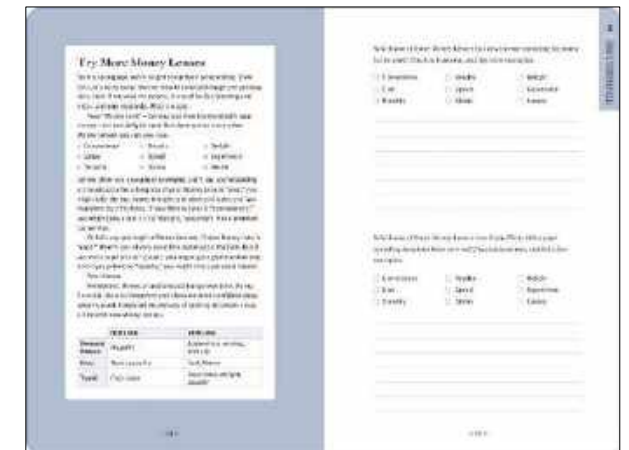
By Ramit Sethi

A guided, interactive journal from the bestselling author of *I Will Teach You to Be Rich* (with over 1,000,000 copies sold and licensed in 19 languages), with inspiring questions and thought-provoking exercises to help you understand your own money behavior and create your vision of a Rich Life. *I Will Teach You to Be Rich: The Journal* is not a budget journal, but a tool that helps you get to know yourself and your dreams, and how to make them a reality. Sethi guides readers in the process of clarifying exactly what a rich life means to them, then shows them how to make it happen. Packed with provocative prompts, lists, and real-world examples, every page of this interactive fill-in book is designed for introspection, dreaming, and creative brainstorming. Identify the things you love spending on, like travel, eating out, health, or convenience, and develop a plan to spend more on what matters most to you. No more vague goals. No more procrastinating. Just beautiful, detailed vision of your own Rich Life, and the confidence to make it real.

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Rights sold to *I Will Teach You To Be Rich, 2nd Ed.*: Albanian (Bota Shqiptare); Arabic (Jalees); Bulgarian (Iztok-Zapad); Chinese Simplified (Citic Press Corp.); Chinese Traditional (Acme Publishing Co.); Croatian (UDRUGA KNJIGOTEKA); Dutch (Kosmos); French (Leduc Editions); German (Finanzbuch Verlag/MVG); Greek (Key Books); Hindi (MyMirror); Hebrew (Matar); Indonesian (Baca Publishing House); Italian (Apogeo Editore); Japanese (Diamond INC.); Kazakh (Foliant); Korean (Rokmedia); Lithuanian (Saviugos Knygynas); Marathi (Madhushree Publication); Portuguese/Brazil (Editora Sextante); Portuguese/Portugal (Lua De Papel); Romanian (Curtea Veche); Russian (Eksmo); Spanish (Ediciones Obelisco); Turkish (Epsilon); UK Commonwealth (Hodder & Stoughton); Vietnamese (MC Books Joint Stock Company)

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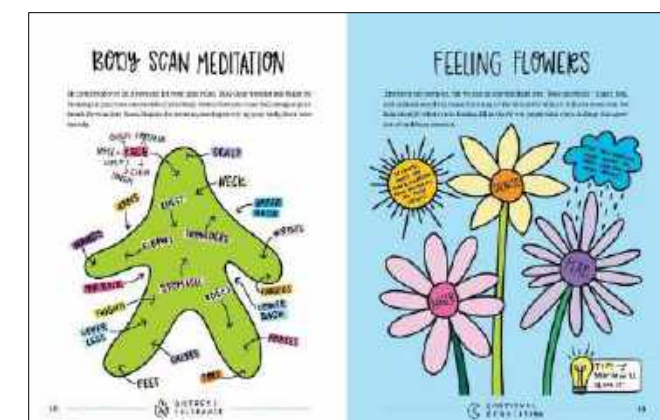
April 2023 • 128 pages
Full-color illustrations throughout
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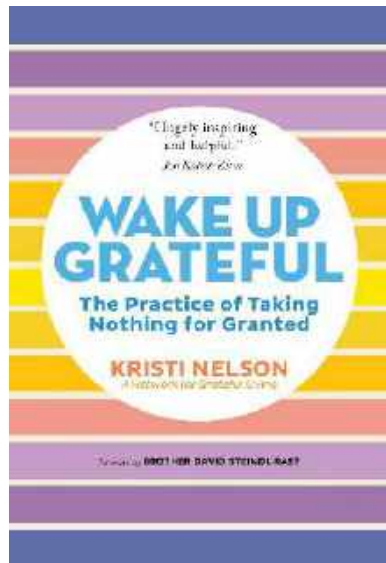
THE BIG FEELINGS SURVIVAL GUIDE

A Creative Workbook for Mental Health (74 DBT and Art Therapy Exercises)

By Alyse Ruriani

A friendly, full-color illustrated workbook that guides readers through exercises based in Dialectical Behavior Therapy (DBT) principles, with a goal of improving mental health and providing coping mechanisms for tough times. *The Big Feelings Survival Guide* is full of creative exercises, like drawing a safe space for yourself and illustrating your feelings, and includes practical skills, like tips on distress tolerance. Dialectical Behavior Therapy was developed in the 1980s by Dr. Marsha Linehan to treat a broad range of complicated mental health symptoms and concerns. The ultimate goal of DBT is to help people build “a life worth living,” in whatever form feels right to them. The therapy consists of four main ideas: Mindfulness, Distress Tolerance, Emotional Regulation, and Interpersonal Effectiveness. Organized by emotion, this book is a series of creative prompts based in DBT that are designed to support those who learned DBT in treatment, to help those for whom DBT treatment is inaccessible, and for anyone who is interested in bettering their mental health.





October 2023 • 240 pages
World rights: Storey

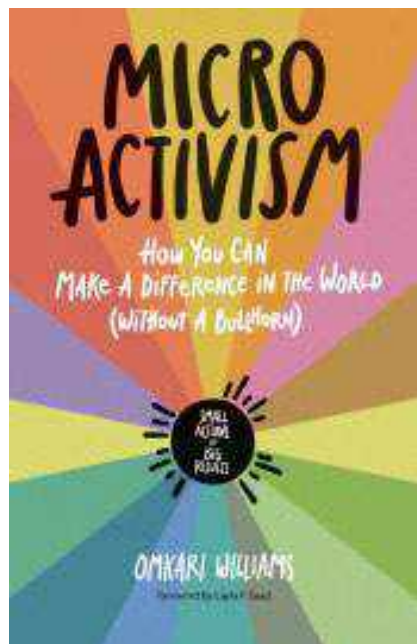
WAKE UP GRATEFUL

The Practice of Taking Nothing for Granted

By Kristi Nelson, with a foreword by Brother David Steindl-Rast

In times of uncertainty and suffering, finding joy and gratefulness in daily life is challenging. *Wake Up Grateful* provides a practical and inspiring roadmap to making grateful living a daily practice, with guiding principles, reflective questions, affirmations, and exercises. Drawing from her own cancer experience along with her life work with The Network for Grateful Living, Kristi Nelson explores how to develop gratefulness as a way of being. She examines ten core areas where many people need support, and guides readers in finding presence and perspective in these aspects of life, opening to greater possibilities, and uncovering the abundance and love that's possible in every moment.

"Wake Up Grateful helped me unfold into a more healed and present version of myself... reframing what I thought it meant to be grateful and express gratitude."—Alexandra Elle, author of *How We Heal*



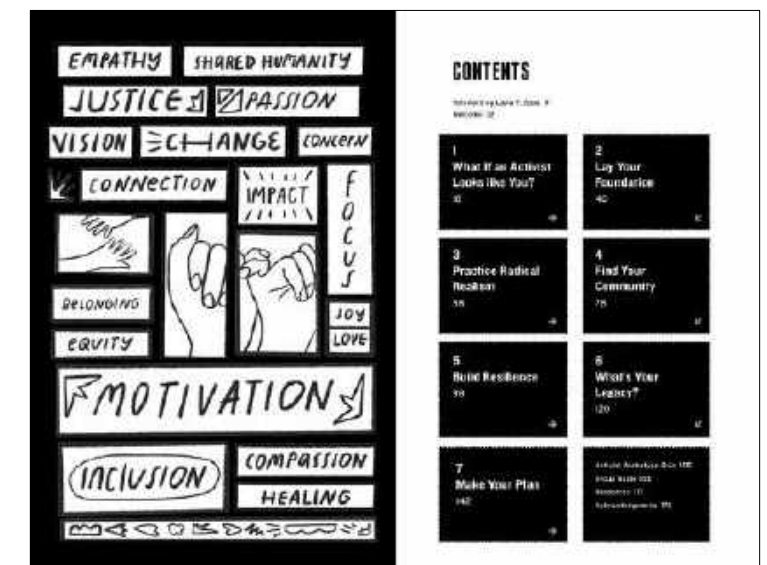
October 2023 • 176 pages
Black & white illustrations throughout
World rights: Storey

MICRO ACTIVISM

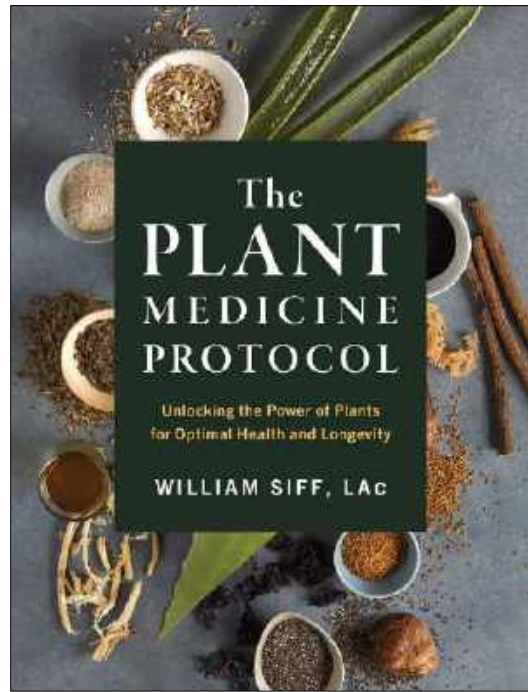
How You Can Make a Difference in the World without a Bullhorn

By Omkari Williams, with a foreword by Layla F. Saad

In this age of social justice, those who don't necessarily want to lead a movement or join a protest march are left wondering, "How can I make an impact?" In *Micro Activism*, former political consultant turned activism coach **Omkari Williams** shares her expertise in empowering introverts and highly sensitive people to help each of us, no matter our temperament, find our most satisfying and effective activist role. Using Williams's Activist Archetype tool, readers discover their unique strengths and use this to develop a personal strategy. To ensure sustainable involvement, Williams encourages starting small, working collaboratively, and beginning locally. Advice on self-care practices, burn-out prevention, and profiles of activists engaged in a range of activities and causes (from voter registration to craftivism, literacy programs, community gardens, and more), provide readers with the inspiration and practical know-how needed to engage in small, doable actions that make a lasting impact.



HEALTH AND WELLNESS



THE PLANT MEDICINE PROTOCOL

Unlocking the Power of Plants for Optimal Health and Longevity

By William Siff, LAc

A groundbreaking protocol for minimizing inflammation, boosting energy, building immunity, improving digestion, and so much more—with the extraordinary power of medicinal plants.

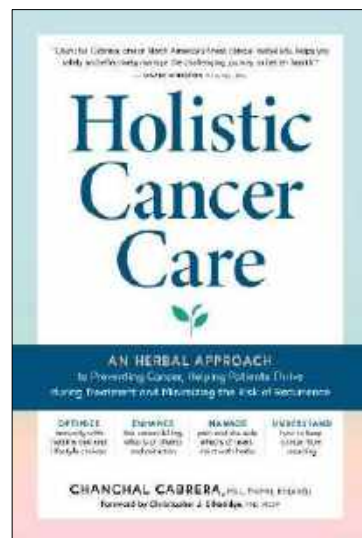
The power of medicinal plants is life-changing. When integrated properly into our lives, they are uniquely capable of fine-tuning and strengthening our vital systems. They help to enhance digestion, balance the nervous system, increase energy, improve sleep, promote resilience to stress, reduce inflammation, elevate mood and cognition, increase libido and fertility, boost immunity, support detoxification, nourish the microbiome, and rehydrate the system. And all you have to do? Eat, drink, smell, share, and otherwise enjoy them.

Written by **William Siff**, a licensed acupuncturist, clinical herbalist, and ethnobotanist who practices Ayurvedic and Traditional Chinese Medicine, *The Plant Medicine Protocol* is a comprehensive and easy-to-follow guide to integrating medicinal plants into daily life.



October 2023 • 384 pages
150 Full-color photographs
 throughout
 World rights: Artisan





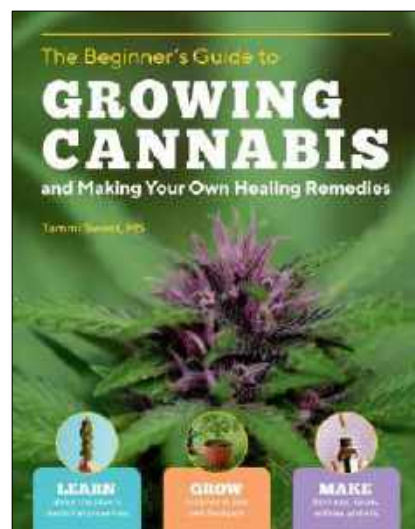
February 2023 • 576 pages
World rights: Storey
Rights sold:
German (Editions Reuss)

HOLISTIC CANCER CARE

An Herbal Approach to Reducing Cancer Risk, Helping Patients Thrive During Treatment, and Minimizing Recurrence

By Chanchal Cabrera, with a foreword by Christopher J. Etheridge

Patients facing a cancer diagnosis often feel at the mercy of an illness they don't understand and in the hands of doctors offering treatments that focus on the cancer, instead of on the patient. In *Holistic Cancer Care*, **Chanchal Cabrera**, a consulting medical herbalist with more than 20 years specializing in holistic oncology, provides an in-depth guide to using herb-based therapies in conjunction with conventional treatments. Putting the patient front and center, holistic therapies can help boost the immune system, which can slow the spread of certain cancers and, in some cases, even enhance the cancer-killing effects of chemotherapy. Herbal medicine and other therapies also offer effective ways of dealing with the side effects of chemotherapy and radiation. Drawing from decades of clinical experience helping patients recover from cancer, Cabrera provides a wealth of safe, well-researched information, including specific herbal formulas, important discussions about dosing and safety, detox protocols, recommendations for nutritional supplements, simple recipes for nourishing meals, and patient case histories that demonstrate the power of the strategies she recommends.



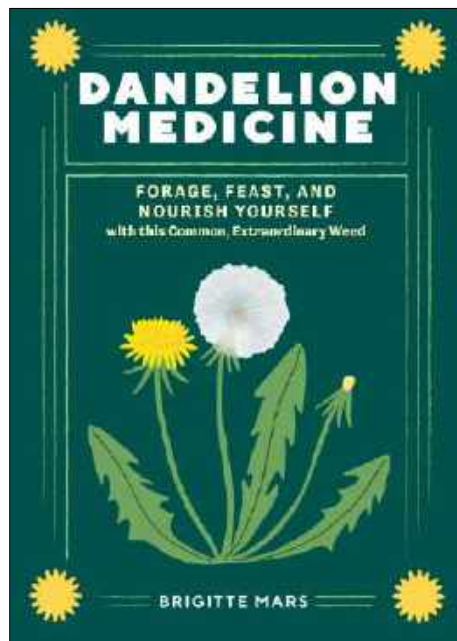
April 2023 • 144 pages
Full-color illustrations throughout
World rights: Storey

THE BEGINNER'S GUIDE TO GROWING CANNABIS AND MAKING YOUR OWN HEALING REMEDIES

Learn about the Plant's Medicinal Properties; Grow Outdoors in Your Own Backyard; and Make Tinctures, Salves, Edibles, and Oils
By Tammi Sweet, MS

CBD and other cannabis-based products are widely available and popular, with the number of dispensaries increasing exponentially every month. But not all products are equal in terms of quality. The best rule of thumb to know the grower or, even better, grow a small quantity of the plant in the home garden and make your own medicines. This beginner-friendly guide, written by an herbalist who specializes in every aspect of making and using cannabis medicine, teaches how to grow healthy cannabis plants outdoors for personal use, and make your own customized remedies for addressing a range of common ailments and chronic conditions. With step-by-step photography taken in her own garden, author **Tammi Sweet** shows the growing phases of the plant and details techniques for planting, caring for, harvesting, drying, and curing the plant. A complete how-to guide to medicine-making shows the reader how easy it is to make potent, safe, and affordable whole-plant tinctures, salves, edibles, and oils.





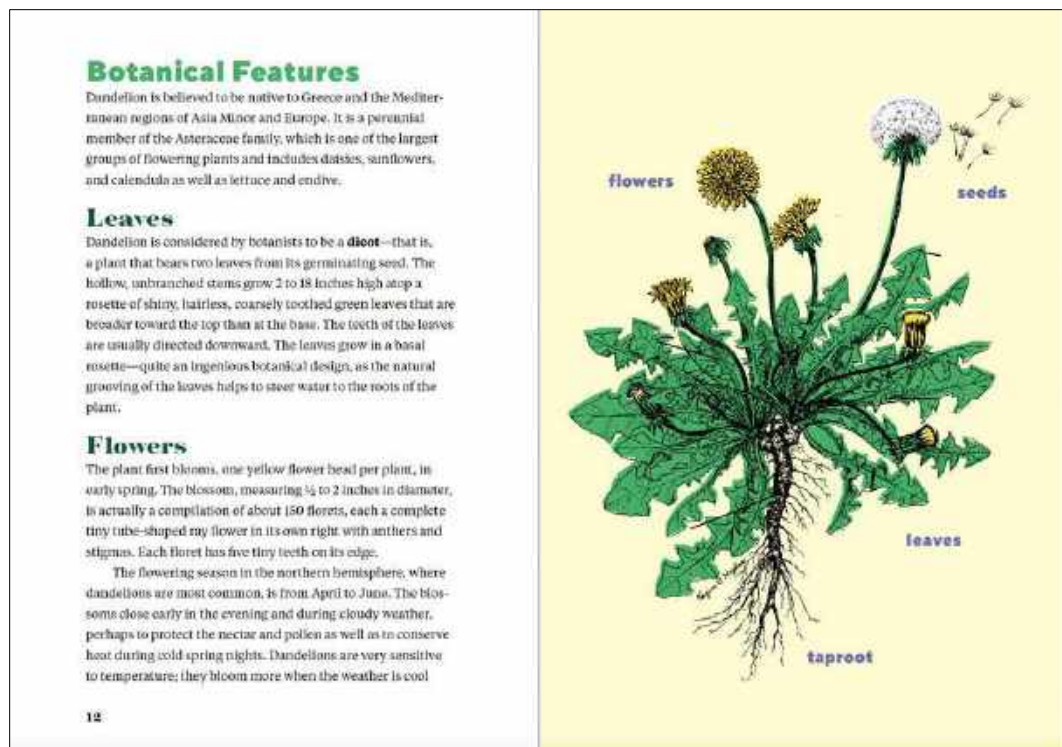
DANDELION MEDICINE, 2nd EDITION

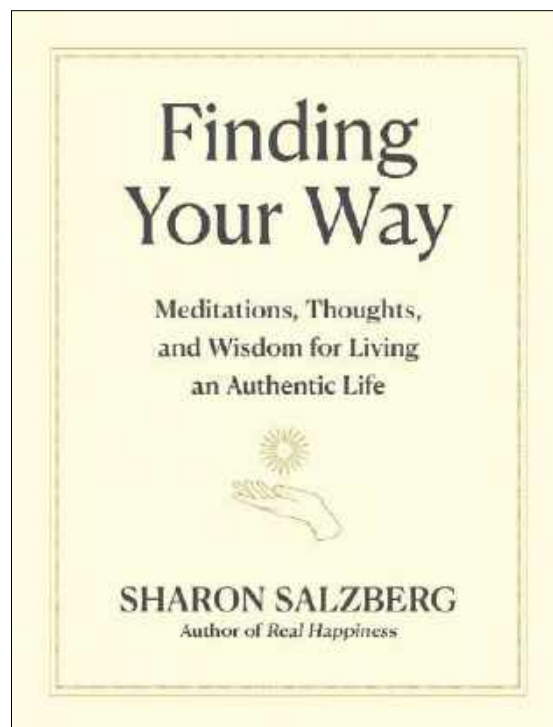
Forage, Feast, and Nourish Yourself with This Extraordinary Weed

By Brigitte Mars

Dandelion Medicine, 2nd Edition is a colorful dive into the many creative uses of dandelions for food and medicine. From dandelion root “coffee” to dandelion flower cookies, there are dozens of delicious ways to use the plant in food, and all parts of the dandelion are medicinal in a variety of ways. Dandelion is a flower that almost everyone knows from a young age, so there’s little danger of harvesting the wrong plant—making it ideal for the novice forager. Author **Brigitte Mars** has been an herbalist for more than 50 years, and has developed an extensive knowledge of and love for the plant over that time. In addition to providing ideas for ways to use the plant, she also shares some of the history and lore surrounding the dandelion, creating a book that is both a practical guide and a fascinating read.

October 2023 • 192 pages
Full-color illustrations throughout
World rights: Storey





FINDING YOUR WAY

Meditations, Thoughts and Wisdom for Living an Authentic Life

By Sharon Salzberg

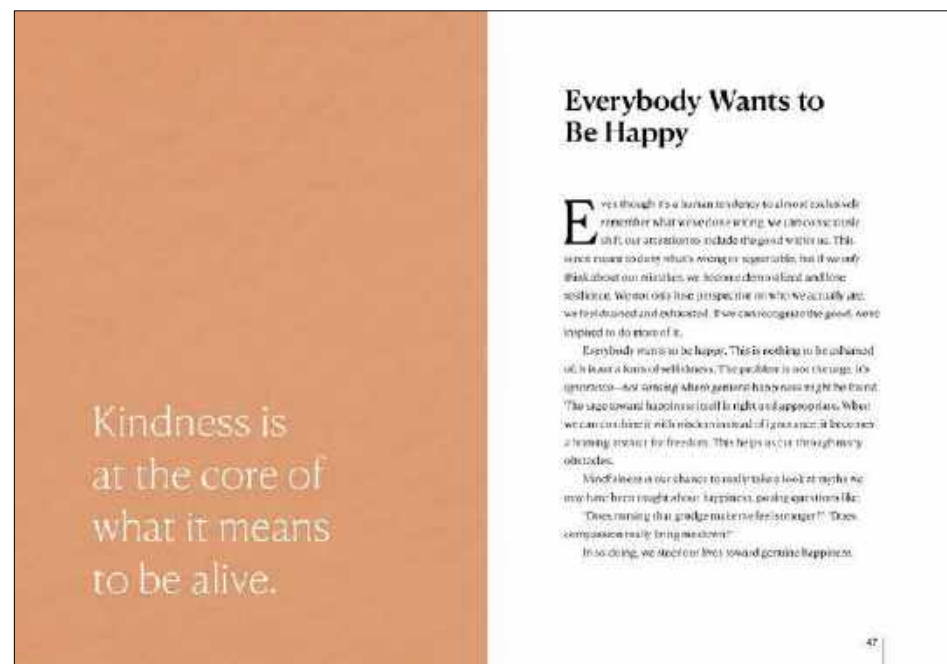
The first illustrated gift book from the world renowned and bestselling meditation teacher in which inspiring and prescriptive advice is offered in small bites that give readers a sense of calm and hope.

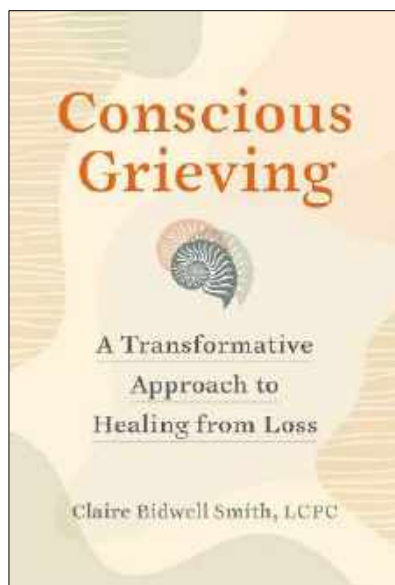
Finding Your Way is the newest book from the one of the most beloved and bestselling meditation teachers. In dozens of clear and inspiring entries, readers will be reminded that there are many ways to stay calm and move forward. From choosing to simply "do the good that is in front of you," to reading a meaningful piece from an interview with a kind leader, to quotes from people Sharon admires, and reminders of how to practice meditation, *Finding Your Way* will show readers that they are always on the right path, because it is their own. Each thought, whether a single quote or a short essay, is presented in a visually calm manner, with dozens of four-color illustrations to enhance and inspire the experience throughout the book.

October 2023 • 112 pages

Full-color illustrations throughout

World rights: Workman





March 2024 • 240 pages
Illustrations throughout
 World rights: Workman

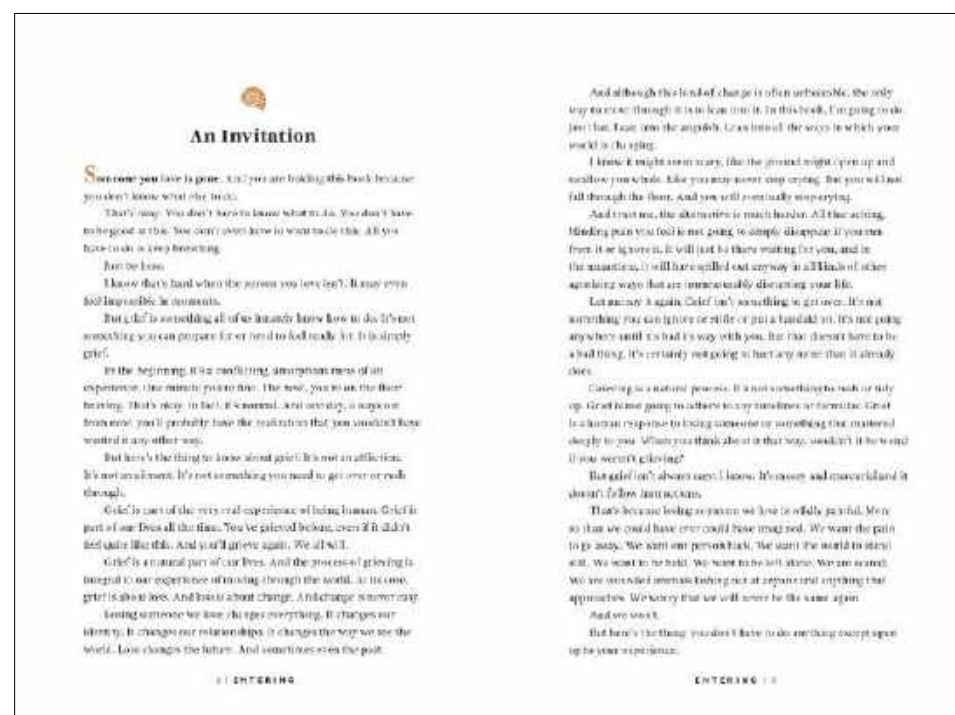
CONSCIOUS GRIEVING

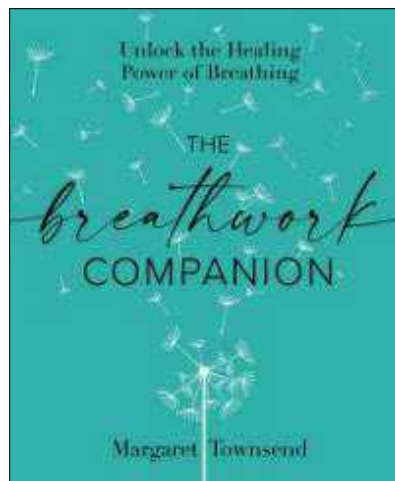
A Transformative Approach to Healing from Loss

By Claire Bidwell Smith, LCPC

A compassionate and accessible guide to grieving that offers a new framework for understanding and navigating loss from one of the leading grief therapists.

Conscious Grieving introduces an entirely new approach to grief, one that renowned grief therapist **Claire Bidwell Smith** has honed from both personal experience and from her decade-long career working with thousands of people as they move through the loss of a loved one. Moving away from older, more traditional models of grief, sentimental takes on loss, or trauma-based texts, *Conscious Grieving* presents a new framework for each stage of grief: Entering, Engaging, Surrendering, and Transforming. Through a series of thoughtful, brief vignettes that don't overwhelm, readers are invited to engage with their grief, first by "Entering"—staying present and taking care of ourselves as we navigate the shock and upheaval of a new loss. Then navigating that first year after a loss ("Engaging") by staying in tune with our needs as more complicated feelings of depression, guilt or anger surface; later comes "Surrendering," facing the changes to our identity and who we are becoming in the face of loss; and ultimately, "Transforming" through ritual, honor, hope, and grace, and learning to carry our grief with intention so that we can continue to grow, heal, and thrive.





January 2023 • 272 pages
Illustrations throughout
 World rights: Artisan

THE BREATHWORK COMPANION

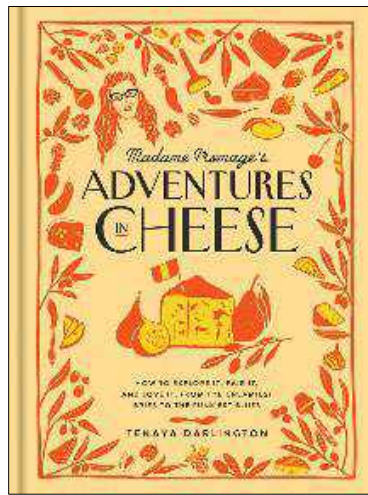
Unlock the Healing Power of Breathing

By Margaret Townsend

This practical, accessible breathwork guide delivers a complete program of exercises, inspiring true stories, and prompts to give readers the skills they need to build and maintain a healing breath practice. Breath is a powerful wellness tool. A tool to keep you calm, increase energy, and release muscle tightness. A tool that enhances and improves physical, emotional, mental, and spiritual health and well-being. All you need to do is learn how to harness its power and innate wisdom, which is exactly what **Margaret Townsend**, who has been a certified breathwork and Hakomi facilitator for 30 years, teaches readers in *The Breathwork Companion*. Readers learn the best ways to wake the body up in the morning and tune it down at night. How to strengthen the mind-body connection to boost the immune system and decrease inflammation. How to help with specific emotions including anger, fear, anxiety, sadness, grief, and stress. The breath is one of our greatest natural resources. Here is how to start making the most of it.



FOOD AND DRINK



September 2023 • 288 pages
Full-color illustrations throughout
 World rights: Workman

MADAME FROMAGE'S ADVENTURES IN CHEESE

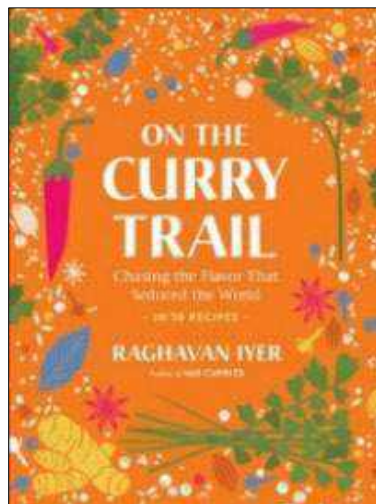
How to Explore It, Pair It, and Love It, from the Creamiest Bries to the Funkiest Blues

By Tenaya Darlington

In *Madame Fromage's Adventures in Cheese*, cheese expert and writer **Tenaya Darlington** (aka Madame Fromage) guides us through the fascinating and often confusing world of cheeses in a comprehensive illustrated primer with a sense of humor. Approachable and fun, the book offers a lighthearted education in all aspects of cheese. Part 1 (Discover) covers the basics, from “Madame Fromage’s Template for a Great Cheese Board” to “All About Milk.” Part 2 (Explore) is packed with cheese board “itineraries” that focus on a particular style or family, emphasizing taste and texture rather than origin. Madame Fromage offers an overview of the style family and how it’s made, seasonal information, maker profiles, and surprising pairing suggestions. Part 3 (Entertain) has shopping, sharing, and serving tips for the eager dinner-party thrower, as well as how to taste cheese like a pro (using the “Yoga Breath of Cheese” technique). Finally, in Part 4 (Keep Learning), we’re given an atlas of all things lactic: festivals, reading lists, classes, knives and tools, and even “Twenty Wild Cheeses to Explore Around the World.”



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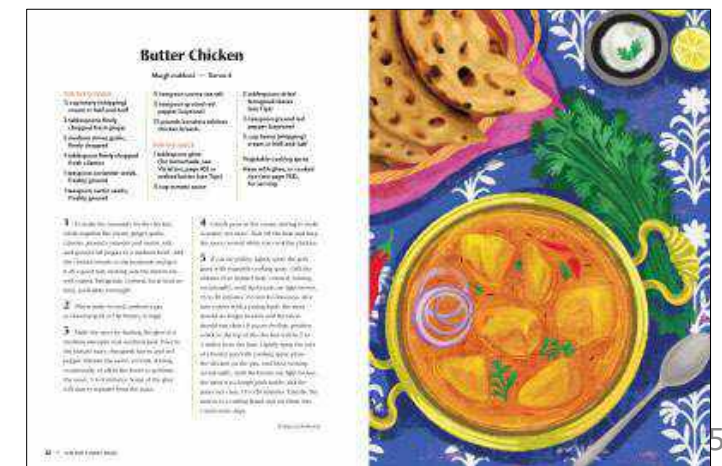
February 2023 • 208 pages
Full-color illustrations throughout
 World rights: Workman

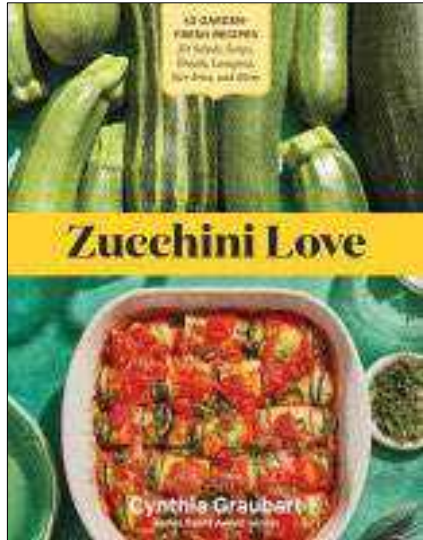
ON THE CURRY TRAIL

Chasing the Flavor That Seduced the World

By Raghavan Iyer

On the Curry Trail is an enlightening journey across Australia, Asia, Africa, Europe, and the Americas to explore the origins of curry and the signature, essential curries of each region. This diaspora of curry brings alive not only the most iconic, category-defining recipes from these continents, but also the history, lore, anecdotes, and familial remembrances that fashion each dish. It delves into the story of curry—what it was and what it is, the places to which it has traveled and the ways it has evolved en route (whether because of local ingredients, cultural tastes, or other factors)—and embraces the many interpretations and definitions of this beloved dish. It makes the flavors of these scintillating curries accessible to the everyday home cook. *On the Curry Trail* is at once a love note and an education—one rich in history and sense of place—that tells the definitive, delectable story of this beguiling dish in 50 irresistible recipes. With colorful illustrations throughout to show off the recipes from Curried Deviled Eggs and Curry Noodles with Shrimp to Lamb Potato Stew in Bread Bowls.





ZUCCHINI LOVE

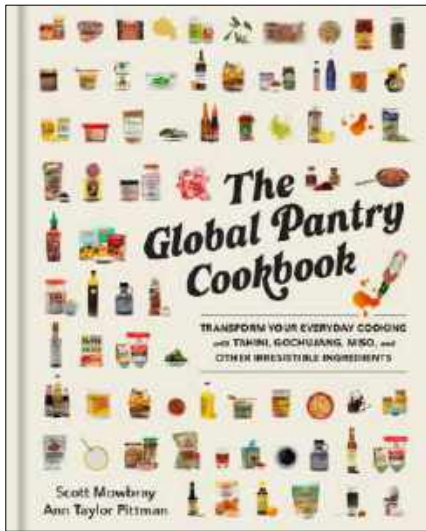
43 Garden-Fresh Recipes for Salads, Soups, Breads, Lasagnas, Stir-Fries, and More

By Cynthia Graubart

Grate, slice, chop, spiralize, pickle, and transform a large crop of zucchini into delicious dishes to share all season long. Sweet to savory, breakfast to dinner, *Zucchini Love* proves how versatile this summer favorite can be! Both an easy-to-grow beginner crop for the newbie gardener and a popular offering at supermarkets and farmers markets alike, zucchinis take center stage in this single-subject cookbook, adding a high nutrient, low carb, and delicious twist to every meal. James Beard Award-winning cookbook author **Cynthia Graubart** brings her passion for producing veggie-forward family meals to over 40 recipes. Home cooks will find fresh takes on the classics like Lemon Glazed Zucchini Bread and Garlic-Sesame Zoodle Bowls with Shrimp, plus creative ideas for tasty snacks like Zucchini Fritters with Tahini Dip, satisfying main courses like Chicken-Stuffed Zucchini Boats, and irresistible desserts like Zucchini Fudge Brownies. Mouthwatering full-color photos and step-by-step instructions accompany each recipe—plus there are tips for picking, freezing, and preserving—making the book easy to use and highly browsable.

May 2023 • 104 pages
Full-color photographs throughout
 World rights: Storey





Oct. 2023 • 420 pages
Full-color photographs throughout
World rights: Workman

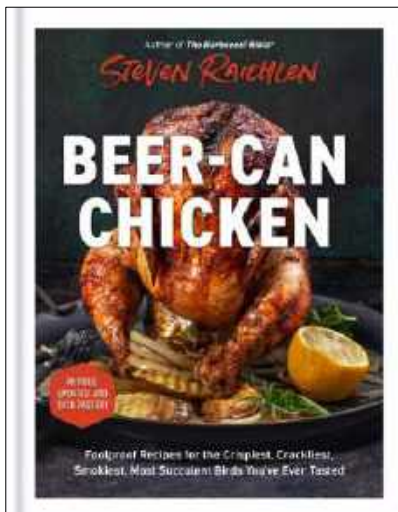
THE GLOBAL PANTRY COOKBOOK

Transform Your Everyday Cooking with Tahini, Gochujang, Miso, and Other Irresistible Ingredients
By Scott Mowbray and Ann Taylor Pittman

Two James Beard-Award winners show how to unlock the secrets of the global pantry and elevate all your favorite foods.

Make the most succulent pot roast ever with oyster sauce. Transform a broiled salmon filet with miso. Give an irresistible kick to chicken wings with gochujang. Turn out the crunchiest French toast with panko breadcrumbs. Use Mexican chorizo to add depth to a quick skillet chili. Add coconut milk to banana pudding—it's magical. And even your best ribs will take on a sticky new deliciousness with sweet soy sauce. In more than 120 recipes, here's how—with just a dash here or a tablespoon there—you can elevate your cooking using 65 common pantry items from around the world.

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April 2024 • 208 pages
Full-color photographs throughout
World rights: Workman

Rights sold to 1st edition:
French (Editions L'Homme)
German (Heel)

BEER-CAN CHICKEN

Foolproof Recipes for the Crispiest, Crackliest, Smokiest, Most Succulent Birds You've Ever Tasted (Revised Edition)
By Steven Raichlen

Revised, redesigned, and beautifully photographed, this updated classic from America's barbecue guru offers 50 recipes for the ultimate chicken grilling technique—on a beer can—plus brilliant recipes for birds off the can, perfect sides, and even desserts! Chicken on a beer can? You bet! When Steven Raichlen, America's barbecue guru, says it's the best grilled chicken he's ever tasted, cooks stop and listen. An essential addition to every griller's library, *Beer-Can Chicken* presents foolproof recipes for the ultimate poultry grilling technique, plus the perfect sides and desserts—more than 50 recipes in all. Beer-Can Tandoori with yogurt, warming spices, and of course, India's Kingfisher Lager. Sake Chicken with a wasabi-sesame rub. Whether on a can, under a brick, or in the embers, each grilling technique is explained in easy-to-follow steps, with recipes that guarantee that no matter how wild the process, the results are always outstanding. Includes sides, desserts, and all new instructions for beer-canning on a pellet grill—with full-color step-by-step and beauty photography throughout.





LET'S BAKE BREAD!

A Family Cookbook to Foster Learning, Curiosity, and Skill Building in Your Kids

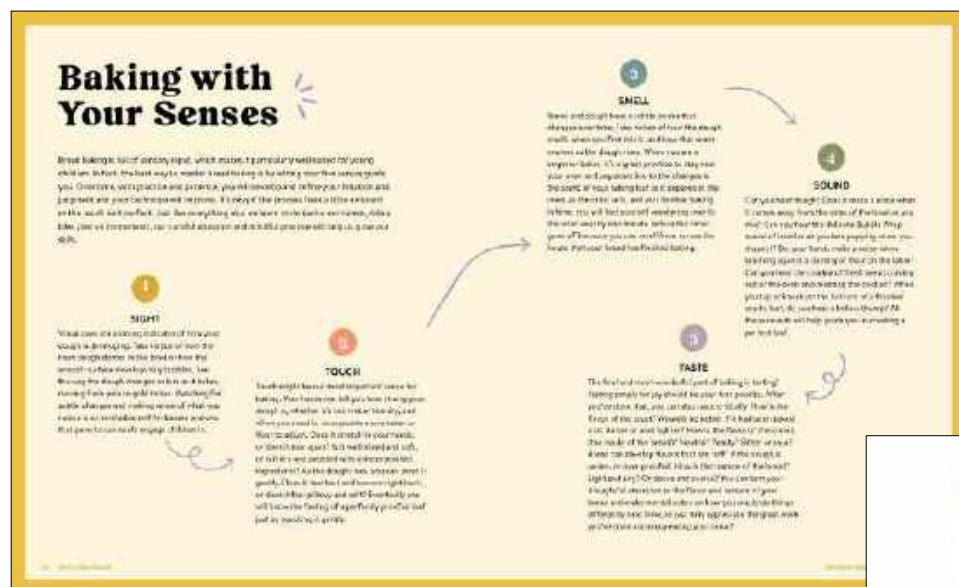
By Bonnie Ohara

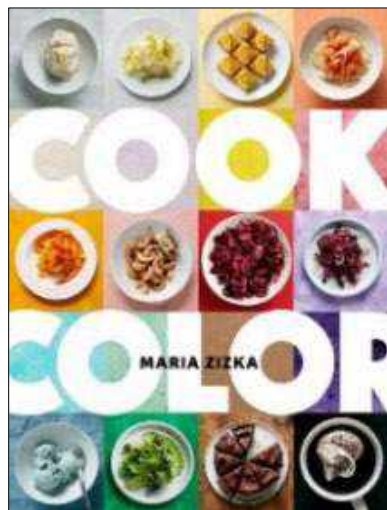
Celebrate the joy of baking together with this unique family cookbook.

Written by the bestselling author of *Bread Baking for Beginners*, who is also a homeschooling mother of three with a keen take on how to teach children useful skills, *Let's Bake Bread!* is filled with foolproof recipes that will turn kids into confident bakers and helpers in the kitchen. Start with an easy-to-handle cloud dough, and your youngest will soon be making Snail Rolls and On the Run Energy Buns (all the while improving their fine motor skills). Graduate to adventure dough and kids will learn about eating seasonally while making pizza, focaccia, and flatbreads. Breads like pita, naan, and conchas highlight lessons about cultures around the world. Culminating for kids twelve and up is the holy grail for all home bakers: the simple science of sourdough. What better or more delicious way to spend quality time together?

Bonnie Ohara is a self-taught baker and homeschooling mother to three children. Ohara runs Alchemy Bread, a cottage bakery based in her California home, where she also teaches bread baking classes. She is the author of *Bread Baking for Beginners*, which was published in 2018.

Oct. 2023 • 248 pages
100 Full-color
illustrations throughout
World rights: Artisan





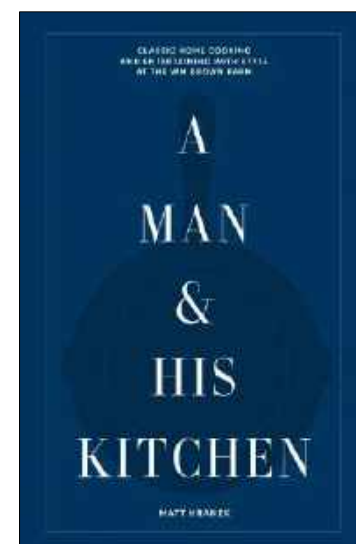
May 2023 • 244 pages
120 Full-color illustrations throughout
 World rights: Artisan
Rights sold:
French (Marabout / Hachette)

COOK COLOR

A Rainbow of 100 Recipes

By Maria Zizka

Cook Color is a celebration of eating beautifully and creatively for all occasions. Maria Zizka introduces readers to ideas from color theory and cooking sciences, explaining how to master food styling and cooking techniques to enhance and preserve color. But cooking by color isn't just about looks; it is an approach that draws connections between color, seasonality, and flavor. Arranged in a gradient, the recipes begin with creamy shades of white—from a coconut cod and rice bowl to a garlicky bean and cauliflower salad. Yellows evoke the bright flavors in Margarita Bars, reds bring forward fiery tastes in dishes like Mapo Ragù with Rice Cakes, and greens highlight fresh and herbal flavors with dishes like Matcha and Mint Ice Cream Sundae. Blues, purples, and blacks present revelations: a butterfly pea flower boa stuffed with blue oyster mushroom, a classic Italian grape focaccia turned on its head with the addition of purple ube, and elegant black tahini cookies. To tie it all together, Zizka presents a special section of Color Menus, where she teaches readers how to use food to create palettes that evoke a sense of season, theme, or even a place.



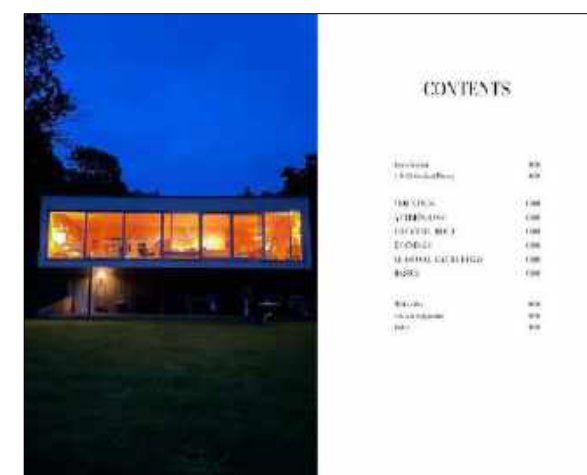
September 2023 • 304 pages
125 Full-color illustrations throughout
 World rights: Artisan

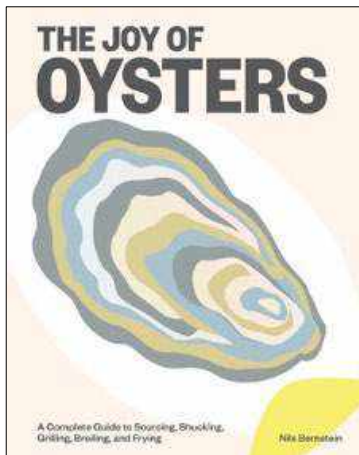
A MAN AND HIS KITCHEN

Classic Home Cooking and Entertaining With Style

By Matt Hranek

Whether it's watches, cars, or cocktails, Matt Hranek is the go-to authority for classic style, and now he brings his expertise to cooking. In this book, Hranek, author of *A Man and His Watch*, *A Man and His Car*, *The Negroni*, and *The Martini*, offers a window into his life in and around his family's home. He includes over 100 recipes for the meals he prepares for his family and friends, including an Anytime Frittata, Gravlax, Smoked Fish Spread, Focaccia (to go with cocktails of course), his mom's famous meatballs, and his daughter, Clara's, banana bread. Organized by time of day, it's a collection of favorites, informed by his childhood as much as by his travels. With simple, delicious recipes, it is meant to empower home cooks, especially men, with the ability to prep and make meals for family and friends. Filled with unfussy yet elevated recipes, and advice for entertaining, from grilling the perfect steak to must-have equipment, plus tips for dressing for dinner. In addition to the recipes, pro-tips and techniques from Matt, there are also dozens of personal essays.





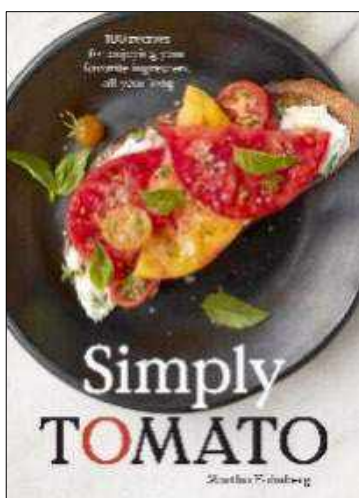
May 2023 • 200 pages
100 Full-color illustrations throughout
 World rights: Artisan

THE JOY OF OYSTERS

A Complete Guide to Sourcing, Shucking, Grilling, Broiling, and Frying

By Nils Bernstein

The definitive oyster bible celebrating all that is wonderful and delicious about this incredible bivalve, with 50 home-cook-friendly recipes to take oysters beyond the half shell. *The Joy of Oysters* is a one-stop smorgasbord of information, recipes, tips, stories, history, and everything else the oyster lover and the oyster curious could want to know. Learn how to select the freshest, tastiest oysters. How to store, clean, shuck, and serve. And why we no longer avoid eating them during certain months. Celebrate the joy of eating and cooking with oysters, whether on the half shell—with one of seven sauces to enhance them—to techniques for broiling, frying, roasting, steaming, pickling, and poaching. There are oyster preparations from around the world, including Oysters Rockefeller, Japanese Oyster Rice, a Filipino Oyster Kinilaw, and Korean Oyster Fritters. An oyster shooter too. And finally, discover the facts behind the oyster's reputation as an aphrodisiac.



June 2023 • 248 pages
90 Full-color photographs throughout
 World rights: Artisan

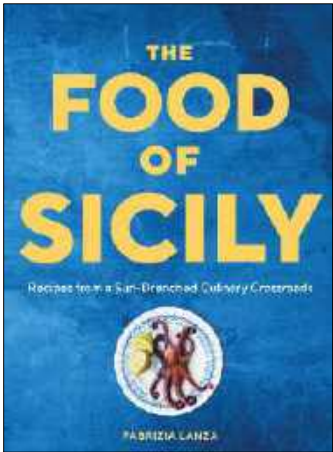
SIMPLY TOMATO

100 Recipes for Enjoying Your Favorite Ingredient All Year Long

By Martha Holmberg

Acclaimed chef, cooking teacher, and author Martha Holmberg shares 100 recipes that turn the tomato into 100 glorious dishes. Whether it's a fresh-off-the-vine tomato or a supermarket tomato, Holmberg has ideas to make the best of everyone's favorite summer fruit. There are three versions of gazpacho, five ways to top roast tomato puff pastry, plus Tomato and Zucchini Gratin, Classic Panzanella, Tomato Risotto, and Stuffed Tomatoes with Spiced Beef Picadillo. With more tomato varieties in existence than ever before, Holmberg explains which tomatoes work best with which recipes: choose a beefsteak to roast with fish or pick cherry tomatoes to toss with corn in a quick summer salad. Holmberg also reveals her secret, umami-packed ingredient: tomato water. She calls it a "magical elixir" that can add intense flavor to most anything you make. *Simply Tomato* is for tomato lovers and tomato growers, for those who have more tomatoes than they know what to do with every summer, for shoppers at farmers' markets, and for fans of Martha Holmberg's other books, including *Six Seasons*, which has nearly 300,000 copies in print.

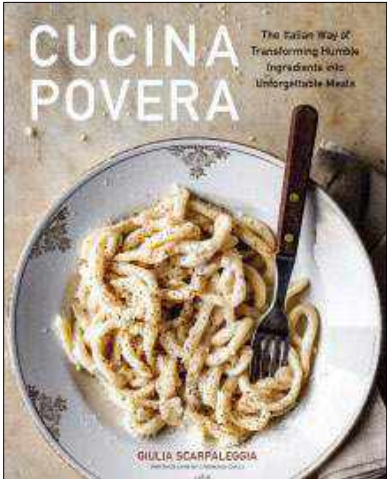




Sept. 2023 • 320 pages
125 Full-color
photographs throughout
World rights: Artisan

THE FOOD OF SICILY
Recipes from a Sun-Drenched Culinary Crossroads
By Fabrizia Lanza, photographs by Guy Ambrosino

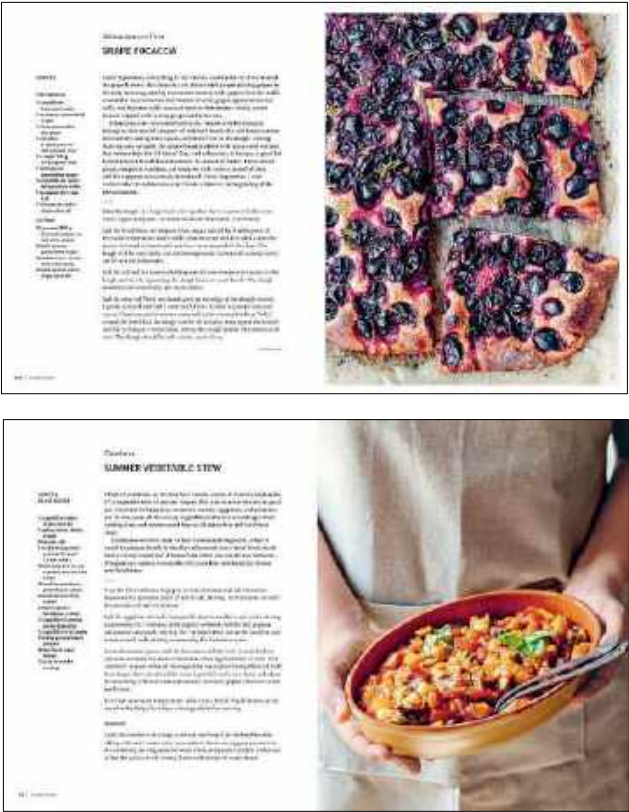
For cooks and travel fans, *The Food of Sicily* is the ultimate book of Sicilian home cooking recipes, written by Fabrizia Lanza, owner of the renowned Anna Tasca Lanza cooking school. Sicilian recipes combine the best of Italian and Mediterranean cooking in dishes that are accessible and satisfying, including rich pastas, flavorful soups, rice-based dishes, and breads and desserts. From Chickpea Fritters (Panelle) to Pasta with Eggplant and Tomatoes (Pasta alla Norma) to Fennel-Orange Salad with Black Olives (Insalata Finocchio e d'Arancia con Olive), Sicily boasts a culinary identity marked by dishes as storied and diverse as the island's landscape. With its craggy mountain ranges, dense forests, foggy valleys, and turquoise coastlines all on one small island, and a cultural background layered with influences from the Greeks, Arabs, and Romans, it's no wonder the cuisine of Sicily is so diverse. No matter the dish or its background, Lanza's respect for the island's ingredients always shines through. In *The Food of Sicily*, Fabrizia Lanza shares the rich traditions of Sicily with 80 time-honored recipes from across the island.



April 2023 • 320 pages
100 Full-color
photographs throughout
World rights: Artisan

CUCINA POVERA
The Italian Way of Transforming Humble Ingredients into Unforgettable Meals
By Giulia Scarpaleggia

Italians call it *l'arte dell'arrangiarsi*—the art of making do with what you've got. They've been cooking this way for centuries, a unique approach to ingredients and techniques known as cucina povera, or peasant cooking, that results in the highest expression of what Italian food is all about. Transforming simple components into unforgettably delicious and satisfying meals, it's also a way of cooking that is barely known outside of Italy—and the author wants to change that. She's a Tuscan home cook, food writer, and cooking teacher who is writing both to elevate the cucina povera of her native country and to honor the ingenuity and resourcefulness of the strong Italian women who came before her. In 100 recipes, beautifully photographed, *Cucina Povera* shows how to take the humblest of ingredients—beans and lentils; lesser-known cuts of meat; vegetables from the garden; rice and pasta; and leftovers—and make magic: Roasted Squash Risotto, Florentine Beef Stew, Chicken Cacciatore, Sicilian Watermelon Pudding, and more. Soul satisfying, super healthy, budget friendly, no waste, easy to make, and as authentic as piping-hot rice balls from a street vendor in Rome, the cooking of *Cucina Povera* is exactly how so many of us want to eat today.



CRAFT, NATURE, GARDENING, AND DESIGN



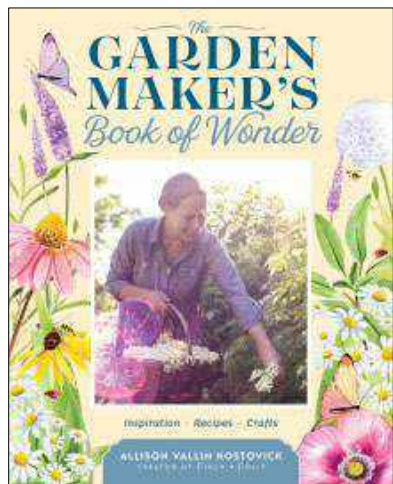
Oct. 2023 • 176 pages
Black & white illustrations throughout
 World rights: Storey

THE KNITTING PATTERN WRITING HANDBOOK

How to Write Great Patterns that Knitters Will Love to Make

By Kristina McGrath and Sarah Walworth

Knitting patterns are notorious for inaccuracies in measurements and confusing directions—but no more! *The Knitting Pattern Writing Handbook* sets new standards for clear, accurate pattern writing, walking aspiring and experienced designers alike through each must-have component of a thorough, well-written pattern, including how to devise and present gauge, charts, and sizing information that is correct and easy-to-follow. With a focus on how to make patterns accessible to contemporary knitters—especially beginning knitters—this much-needed reference book is destined to become a classic in an industry that is beginning to professionalize after decades (even centuries!) of informal and home-based instruction. With 90,000 patterns being sold annually on the popular knitting community site Ravelry, there's a burgeoning group of indie knitwear designers eager for this guidance, provided by authors **Kristina McGrath** and **Sarah Walworth**, who host a monthly live broadcast on the technical aspect of knitting design.



August 2023 • 256 pages
Full-color photographs throughout
 World rights: Storey

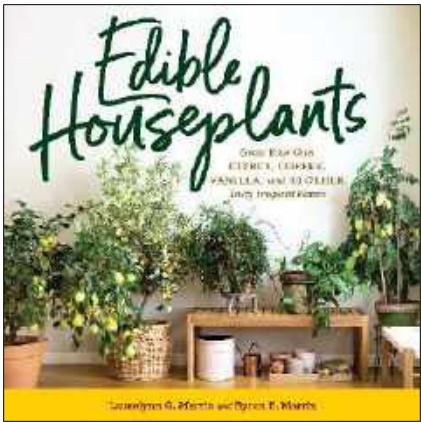
THE GARDEN MAKER'S BOOK OF WONDER

162 Recipes, Crafts, Tips, Techniques, and Plants to Inspire You in Every Season

By Allison Vallin Kostovick

Each season in the garden brings new joy and fresh inspiration for connecting with the wonders of the natural world. In *The Garden Maker's Book of Wonder*, popular gardening lifestyle influencer **Allison Vallin Kostovick** (Finch + Folly) invites fans of cottagecore, gardening, and nature-based living to share her journey as she crafts, cooks, dreams, and creates. Drawing on decades of gardening experience and illustrated with vibrant photography from her own home and garden, *The Garden Maker's Book of Wonder* offers sage advice on growing bountiful harvests of favorite vegetables, herbs, and flowers. All levels of gardeners, from dreamers to the experienced, will delight in the variety and creativity of Kostovick's projects, activities, and recipes for enjoying the magic and whimsy of the natural world—no matter what season.



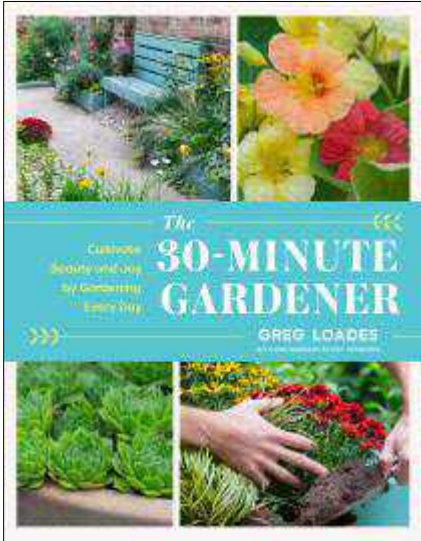


Sept. 2023 • 160 pages
Full-color photographs
 throughout
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EDIBLE HOUSEPLANTS

Grow Your Own Citrus, Coffee, Vanilla, and 43 Other Tasty Tropical Plants
 By Laurelynn G. Martin and Byron E. Martin

Houseplant enthusiasts will be delighted to discover the range of tropical plants that can be grown in containers indoors, in any location. **Laurelynn and Byron Martin**, owners of Logee's Plants for Home & Garden, are nationally renowned for their expertise in growing fruit-bearing and tropical plants indoors. Their colorful guide features photos and complete care guidelines for 46 food-bearing plants, including lemons, limes, grapefruit, cherries, olives, passion fruit, papaya, and much more. Fresh, fragrant, and flavorful, *Edible Houseplants* expands the fun and pleasure of growing indoor plants.



May 2023 • 232 pages
Full-color photographs
 World rights: Timber Press

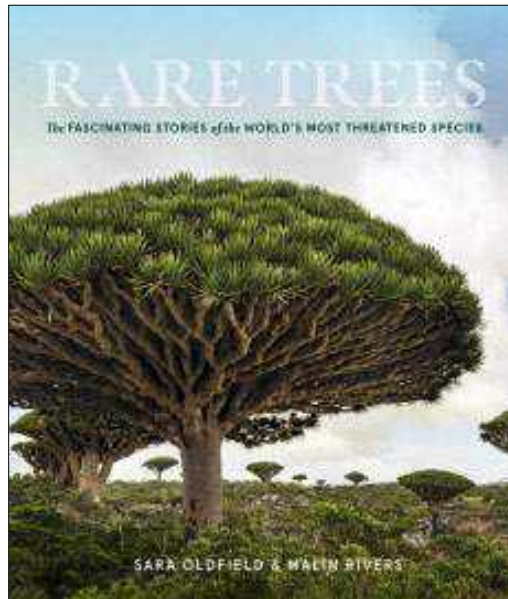
THE 30-MINUTE GARDENER

Cultivate Beauty and Joy by Gardening Every Day
 By Greg Loades

Are you ready to discover your garden's unexpected gifts? All it takes is a daily practice. In *The 30-Minute Gardener*, Greg Loades reveals what dedicated time spent in the garden every day can create: a moment of solitude in a busy world, a welcoming space to enjoy with family and friends, and an increased connection to nature. In this practical and inspiring guide, you'll find advice on tasks such as pruning a rose bush and planting bulbs, inspired ideas for transforming an overgrown garden into a beautiful flower-filled haven, and hints on how best to savor your garden and enjoy your accomplishments.

Greg Loades writes frequently about gardens and gardening. His work has appeared in many popular publications, including *BBC Gardeners' World*, where he was gardening editor, and *The English Garden*, where he served as deputy editor. He lives in Hull in the UK.





March 2023 • 400 pages
Full-color photographs throughout
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RARE TREES

The Fascinating Stories of the World's Most Threatened Species
 by Sara Oldfield and Malin Rivers

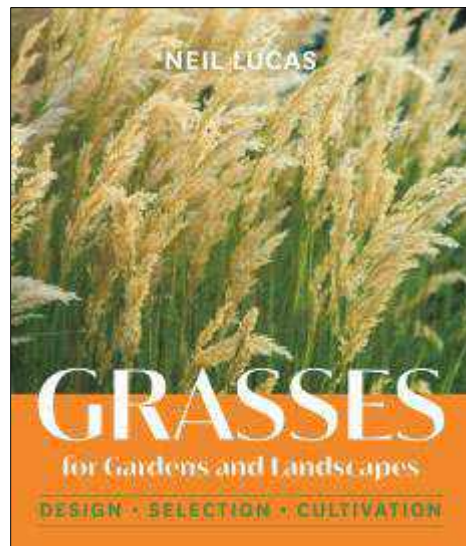
Rare Trees offers a stunning visual presentation of 60 of the most fascinating, bizarre, and threatened tree species on the planet, from conifers to magnolias to oaks. With color photographs showing trees and their most unusual features, maps of growing regions, callouts of memorable facts, and examples of poignant cultural and historical uses by Indigenous populations, *Rare Trees* will give everyone who loves trees an armchair tour of unique specimens from around the globe, and inspiration to help preserve this critical canopy of life.

“A lavishly illustrated, lovingly detailed compendium of ‘rare trees’ of the world... In their noble efforts to honor these “rare” trees, the authors will certainly sensitize readers to the trees’ value and their peril.”

— *Booklist*

Sara Oldfield, OBE, is a botanist and biodiversity consultant and chair of the International Union for Conservation of Nature/Species Survival Commission (IUCN/SSN) Global Tree Specialist Group, responsible for promoting and implementing projects to identify and protect globally red-listed tree species. From 2005 to 2015 she was secretary general of Botanic Gardens Conservation International (BGCI), and previously global programs director at Fauna & Flora International (FFI).





GRASSES FOR GARDENS AND LANDSCAPES

Design. Selection. Cultivation.

By Neil Lucas

Ornamental grasses have long been a mainstay of contemporary planting design, as integral components of commercial and residential landscapes and naturalistic plantings. In *Grasses for Gardens and Landscapes*, Neil Lucas profiles the best ornamental grasses available today and details how to design with them in different settings. This comprehensive guide is filled with expert maintenance techniques and lists of grasses suitable for a variety of situations. A complete guide to grasses includes details on growth and care, as well as the best cultivars currently available.

Neil Lucas is the UK's leading ornamental grass specialist, owner of Dorset-based Knoll Gardens, RHS Council Member, judge, author, and holder of ten consecutive Gold Medals at Chelsea.



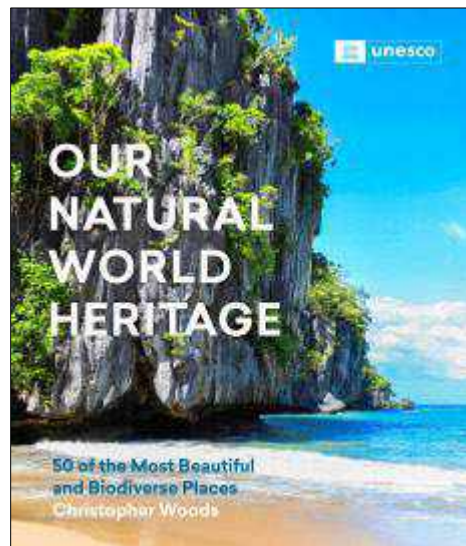
May 2023 • 323 pages
Full-color photographs
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OUR NATURAL WORLD HERITAGE

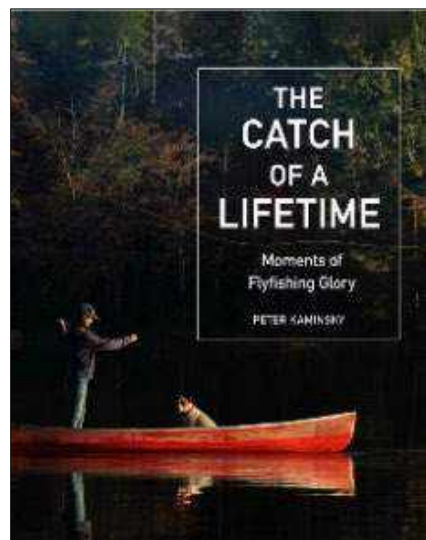
50 of the Most Beautiful and Biodiverse Places

By Christopher Woods

Take an armchair tour through the planet's most beautiful—and biodiverse—places! Published in partnership with UNESCO World Heritage, *Our Natural World Heritage* showcases 50 of the planet's most beautiful and biodiverse landscapes, each identified as a site of outstanding universal value and an irreplaceable source of life and inspiration. Over 900 color images and evocative, accessible text reveal what makes each site unique, through an exploration of its flora, fauna, and natural history. This is awe-inspiring natural beauty that belongs to us all.



May 2023 • 232 pages
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THE CATCH OF A LIFETIME

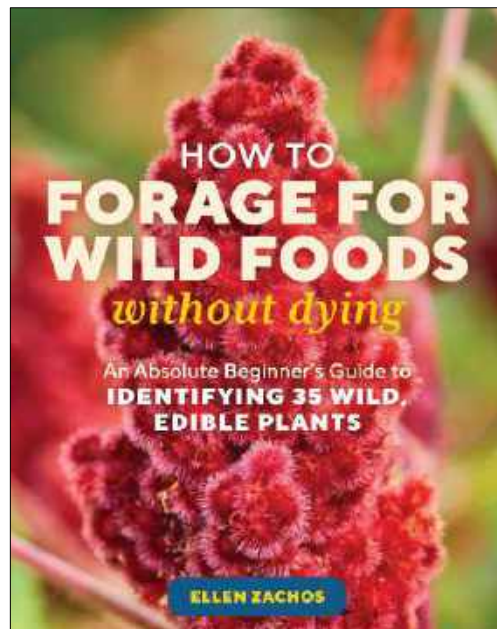
Moments of Flyfishing Glory

Edited by Peter Kaminsky

A moving collection of over 70 first-person accounts that describe the love of flyfishing and recall that **one** catch of a lifetime. With stunning photographs of landscapes, fish, flylines, and more, this modern take on a popular subject comes in a deluxe hardcover format. Peter Kaminsky is a celebrated writer, author, and angler himself—and a respected name in the flyfishing world—who has gathered a diverse group of storytellers to reveal the lure and beauty of the sport. Every flyfisher remembers their catch of a lifetime: the direction of the wind, the length of the cast, the leaps and surges of the fish, the bruises on their knuckles from a fast-spinning reel. *The Catch of a Lifetime* is a collection of beautiful and evocative essays on the joys of fly fishing and that singular golden moment when everything fell into place. Maybe it was the biggest fish, or maybe it was the most challenging one, or maybe it was just about the experience, or the company. In Peter's case, it wasn't the 90-kilogram tuna he fought—and lost—against the shore. It was a plump brown trout, barely 35cm, caught early one summer morning as mist rose off the creek.

October 2023 • 288 pages
100 Full-color photographs throughout
 World rights: Artisan





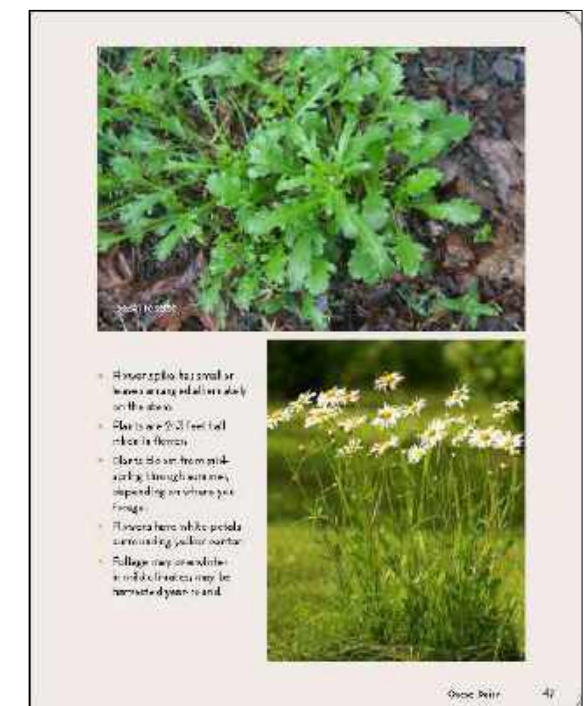
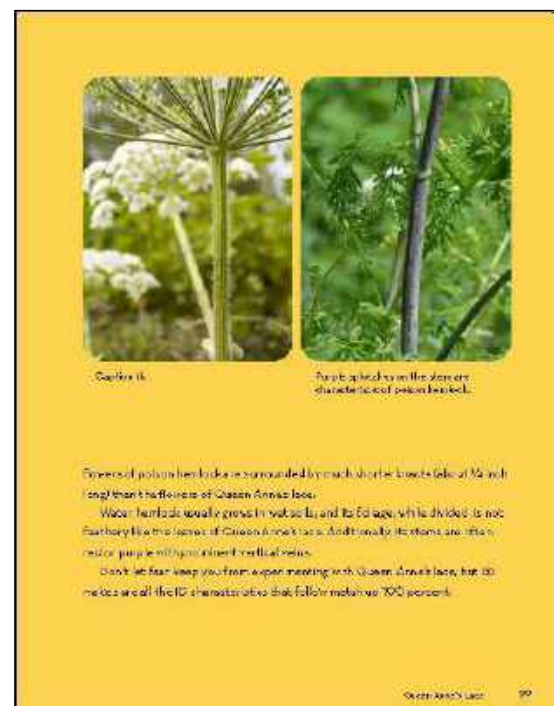
October 2023 • 256 pages
Full-color illustrations & photographs throughout
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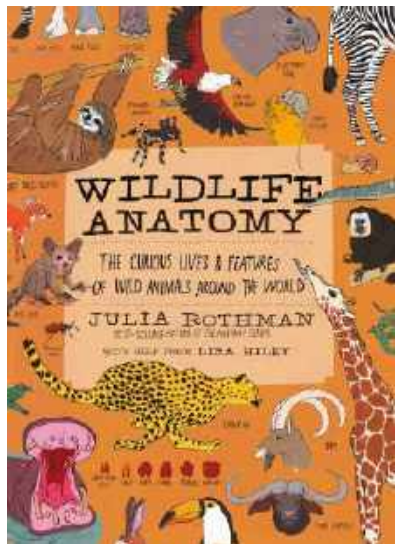
HOW TO FORAGE FOR WILD FOODS WITHOUT DYING

An Absolute Beginner's Guide to Identifying 35 Wild, Edible Plants

By Ellen Zachos

How to Forage for Wild Foods without Dying is a book for anyone who likes to go on nature walks and would like to learn about the edible plants they're most likely to come across—no matter what region they're in. Author **Ellen Zachos** shares her considerable expertise, acquired over decades of foraging in every part of North America. She offers clear, concise descriptions of edible wild plants, in addition to any potential lookalikes, as well as critical information about proper harvesting, processing, and cooking. Zachos has curated the plant selection to include only the 35 most common, most delicious edible plants, ranging from black walnuts and juniper berries to elderflowers, burdock, fiddlehead ferns, lambsquarter, wild garlic, sunchokes, and many more. With Zachos's expert advice and easy-to-follow guidelines, readers will be confident in identifying which plants they can safely eat and which ones they should definitely avoid. Easy instructions for preparation and eating for maximum enjoyment are included.





WILDLIFE ANATOMY

The Curious Lives & Features of Wild Animals around the World

By Julia Rothman

Julia Rothman's series of Anatomy books are beloved by children and adults alike. In *Wildlife Anatomy*, Rothman captures the excitement and distinctive attributes of wild animals around the world. The book is packed with hundreds of her charming, original illustrations, detailing the unique features of animals of the rainforest, desert, grasslands, oceans, and much more. From lions, bears, and zebras to monkeys, mongoose, bats, elephants, giraffes, hippos, and others, Rothman's visual guide covers all the key features, right down to the anatomy of a lion's claw and a wild horse's hoof. All the illustrations are accompanied by labels, intriguing facts, and identifying details, such as: When is a Panther Not a Panther? and What Makes Aardvarks So Odd? Rothman's characteristic combination of curiosity and an artist's eye makes this wildlife treasury rich and full, and promises new discoveries every time it's opened.

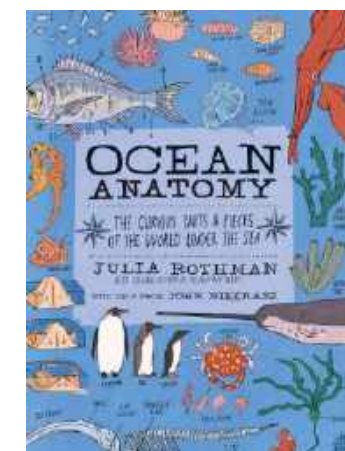
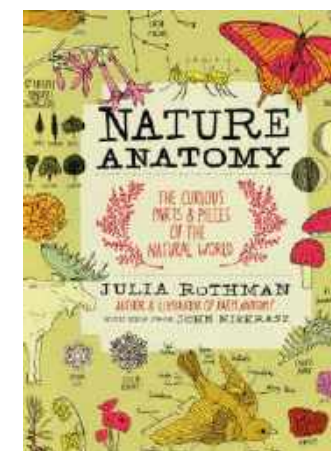
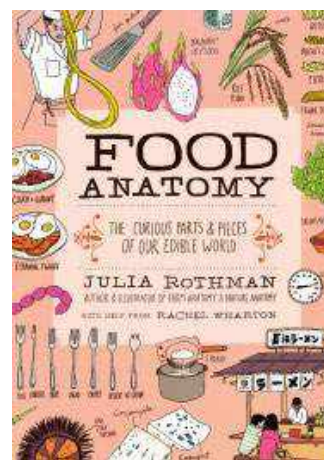
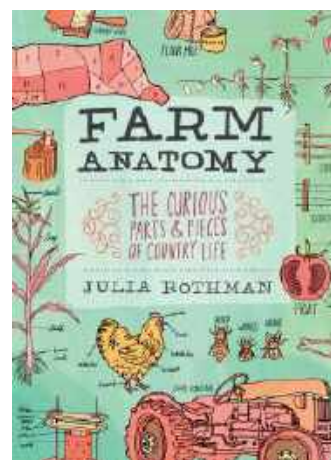
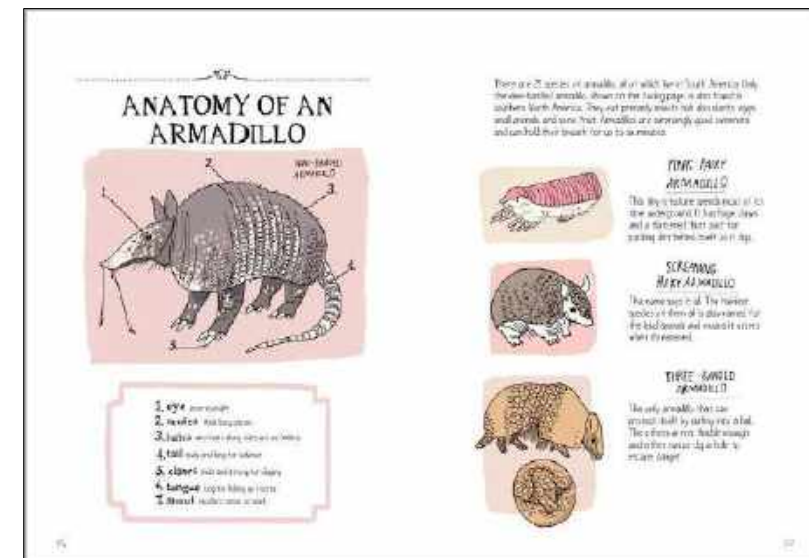
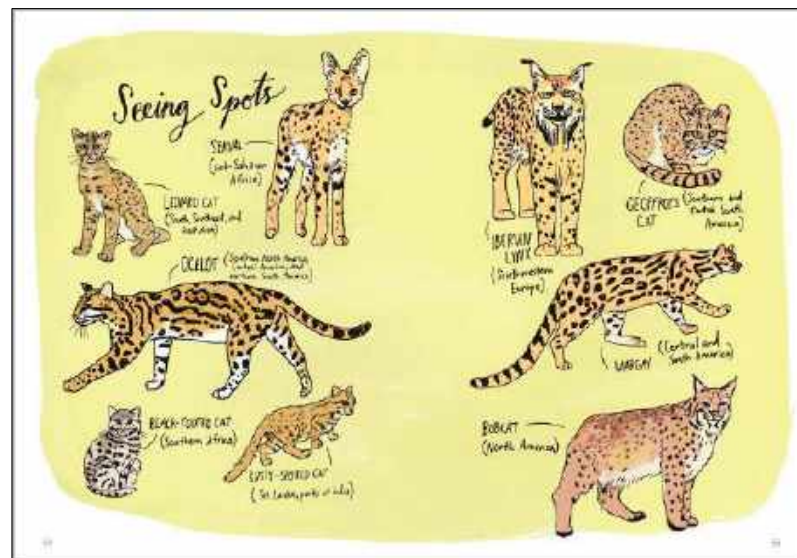
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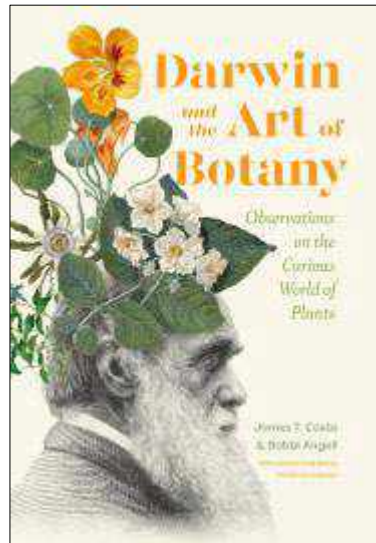
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DARWIN AND THE ART OF BOTANY

Observations on the Curious World of Plants

By James T. Costa and Bobbi Angell

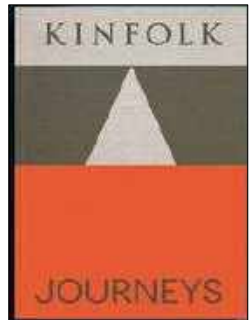
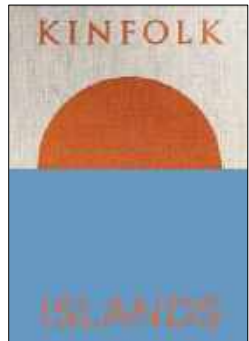
Charles Darwin is best known for his work on the evolution of animals, but in fact a large part of his contribution to the natural sciences is focused on plants. His observations are crucial to our modern understanding of everything from the amazing pollination process of orchids to the way that vines climb. *Darwin and the Art of Botany* collects writings from six often overlooked texts devoted entirely to plants, and pairs each excerpt with beautiful botanical art from the library at the Oak Spring Garden Foundation, creating a gorgeously illustrated volume that never existed in Darwin's own lifetime, and hasn't since. Evolutionary biologist and science historian James Costa brings his expertise to each entry, situating Darwin's words in the context of the knowledge and research of the time. The result is a new way of visualizing Darwin.

James T. Costa is an evolutionary biologist, entomologist, and historian of science. He teaches biogeography and the history of evolutionary biology and lectures widely in the United States and Europe.

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October 2023 • 380 pages
Full-color illustrations throughout
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KINFOLK WILDERNESS

By John Burns

Discover the joy of the great outdoors and the pleasures of slow travel with *Kinfolk Wilderness*. In this second book of a new series from Kinfolk (including *Islands*, *Wilderness*, and the forthcoming *Journeys*), whatever your pace or purpose, the stories within will provide you with a fresh perspective on what it means to be “outdoorsy.” *Kinfolk Wilderness* features vibrant photography, practical guidance and thoughtful reflections on land stewardship, bringing together inspiring itineraries from five continents that promise adventure, inspire awe, and spark a deeper connection to the landscape. With over 600,000 copies sold, the Kinfolk books have applied the Kinfolk philosophy to entertaining (*The Kinfolk Table*), interior design (*The Kinfolk Home*), business (*The Kinfolk Entrepreneur*), living with nature (*The Kinfolk Garden*), and travel (*Kinfolk Travel*). ***Kinfolk Journeys* coming in October 2024!**

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April 2023 • 256 pages
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THE ART OF KINFOLK

An Iconic Lens on Life and Style

By John Burns

An inspiring collection of the best images from the tastemaking *Kinfolk* magazine.

With over 650,000 copies of their books in print and nearly 50 issues of their magazine distributed worldwide, Kinfolk has come to define the taste of a generation: From interiors to fashion, portraiture, food and travel, the consistently boundary-pushing photography produced by the brand has coalesced into one of the most influential and immersive lifestyle aesthetics of the last decade. *The Art of Kinfolk* brings more than 300 of the most iconic images from the first decade of the magazine into focus. Ranging from the deceptively simple to the surreal to the perennially stylish, this collection of originally-commissioned photography captures the arc of an artistic adventure, a creative community at work, and in the process illuminates one of the most enigmatic aesthetics of the era.

October 2023 • 320 pages

**Full-color photographs
throughout**

Large format: 13in H • 10.4 in W

\$75.00

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